



Domita

NEWSLETTER

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FALL 2021



LOMITA CITY COUNCIL

- Mayor**.....Mark Waronek
- Mayor Pro Tem**.....Cindy Segawa
- Council Member**.....James Gazeley
- Council Member**.....William D. Uphoff
- Council Member**.....Barry M. Waite

Lomita Receives Generous Donation of Hand Sanitizers

We'd like to send a special Lomita THANK YOU to Torrance Councilman George Chen and Rev./Dr. Mark Ger from Bread of Life Church for their generous donation of more than 3,000 bottles of hand sanitizer for the community! The Mayor greeted representatives from the Church and accepted two full pallets of hand sanitizer that will be used in the City's ongoing LiftUpLomita campaign to help those in need in our community.

Bread of Life Church, located in Torrance, has a strong dedication of giving back to the community and as organizations across the country reopen, hand sanitizer continues to be a much-needed safety item. To support these efforts, the Church generously donated critical supplies to the cities of Lomita, Torrance, and Gardena. The sanitizers will be distributed to local residents and organizations within the community as part of our LiftUpLomita efforts. If you or a loved one have a need, please continue to reach out to us at LiftUpLomita@lomitacity.com and we will do our best to get you the support you need. And don't forget to keep sending us your stories of the many ways Lomita residents have stepped up to support each other! #LiftUpLomita



On the cover and above:
Lomita students return to school



AREA RESIDENTS IN NEED RECEIVED FREE FOOD

Over 900 families from across the Lomita and Harbor area impacted by COVID-19 were provided with free groceries and food during a drive-thru event held at Lomita City Hall.

The event was made possible through partnerships with Supervisor Janice Hahn's office, the Los Angeles Regional Food Bank, Lomita Sheriff Station, and local non-profit Community's Child. Throughout the COVID-19 Pandemic, over 200 free food distribution events have been held throughout the County to meet the needs our LA County residents.

Additional resources and upcoming food distribution sites are available at: <https://covid19.lacounty.gov/food/> or calling 2-1-1. #LiftUpLomita



MUSEUM NOW OPEN!

Lomita Railroad Museum

2137 West 250th Street, Lomita, California 90717

For more information: www.lomita-rr.org or (310) 326-6255

The Lomita Railroad Museum is open Friday–Sunday 10am–5pm

Admission: Adults: \$4 • Ages 13–17: \$4 • Ages 3–12: \$2

Free for children 2 and under

LOMITA ADOPTS 2021-2022 BUDGET

On June 15, the Lomita City Council approved the budget for the coming Fiscal Year 2021-2022 which began on July 1. Over the last few years, our residents have set a high standard for our City to meet, especially in the face of the COVID-19 pandemic, and this budget has been targeted to accomplish the goals set forth by the City Council at its recent Strategic Planning Session. While the COVID-19 Pandemic has and will continue to have lasting effects on the ways in which we meet the needs of the community, Lomita has carried itself forward with resilience and compassion for our neighbors. This year's budget continues those efforts. The FY21-22 Budget builds on the many lessons learned from the pandemic and sets lofty goals for the Lomita team to accomplish; we look forward to taking these lessons and continuing to improve Lomita for generations to come.

The Fiscal Year 2021-22 Budget is balanced without the use of any carryover funds, and benefits from additional revenues committed through the approval of Measure L while representing a total investment of more than \$31 Million into the Lomita Community. Overall revenues are projected to increase by \$887,229 (not including transfers from other funds) year over year. This year, General Fund revenues are projected to be \$11,446,567 and expenditures are projected at \$11,446,567 and has been balanced without the use of the City's Reserves or transfers from other funds. In recent years, expenditure increases have outpaced revenues, but this year, thanks to overwhelming approval of Measure L, the City is able to reinvest additional revenues into the things our community cares for the most while setting the City on a strong financial footing.

The top priority of our residents, and in turn our top priority is to keep Lomita residents safe and protect their quality of life. We are taking proactive measures to ensure the safety and well-being of all families residing in Lomita. Like last year's budget, we are giving priority to the services that our residents need the most - such as quick emergency response, senior support, as well as recovering from the effects of pandemic related closures and losses. But this year we are also investing heavily into the Lomita Water System with the G.A.C. upgrades to our production facility, supplementing our Public Safety and Traffic safety efforts, increasing our ongoing efforts to rebuild our streets, and building up our capacity to grow and prepare for the recovery and rebuilding of our State and local economy. Many of these efforts would simply not be possible without the support of our residents in approving Measure L.

To learn more about the City's approved 2021-22 budget and how the City is working to meet our residents' needs, support small businesses recovering from the pandemic and invest in our infrastructure, you can visit the City's website at http://www.lomita.com/cityhall/government/admin/index.cfm?p=annual_operating_budget/cfm.

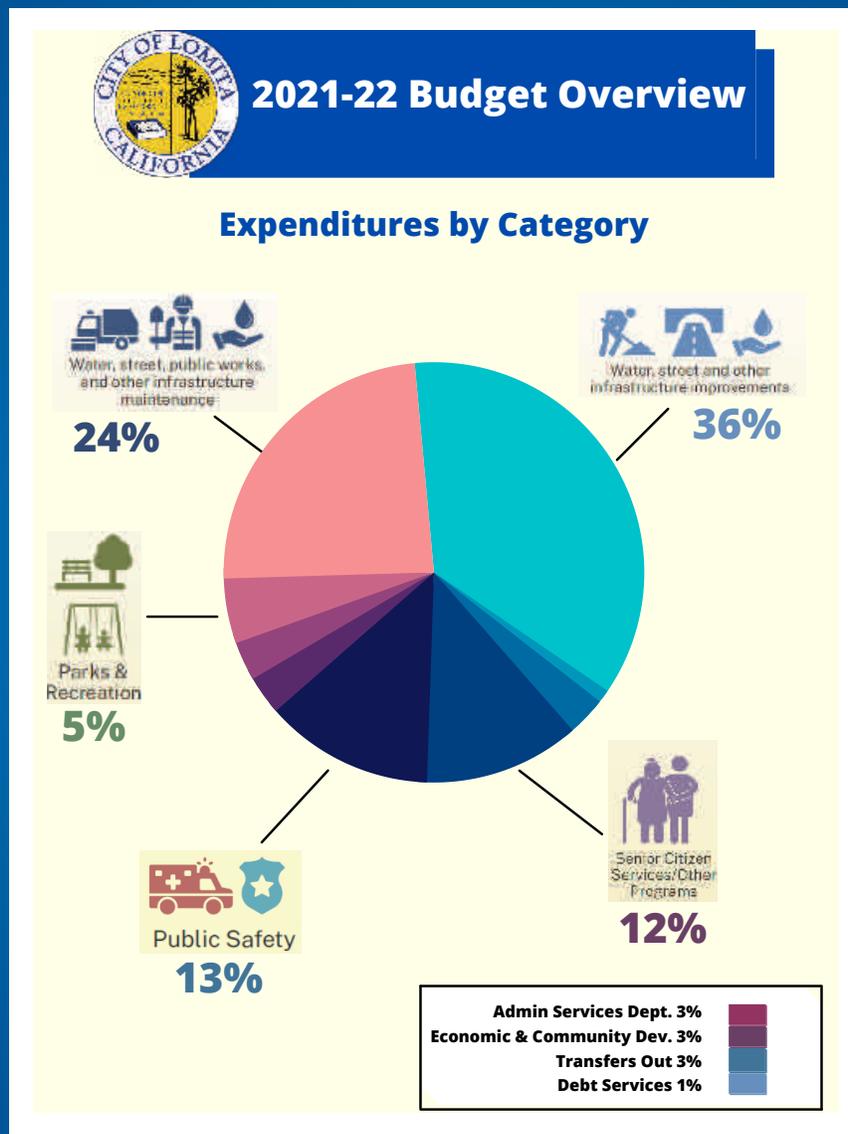
Below is a general overview of the major revenue sources and expenditures with comparisons to previous years:

General Fund Revenues

General Fund revenues for FY 2021-22 are projected at \$11,446,567, an increase of \$887,229 (not including transfers from other funds) from FY 2020-21 Adopted Budget. The overall increase is primarily due to the approval of Measure L by Lomita voters.

With an understanding that previous year revenues estimates were decreased due to the pandemic, some of the most significant year-to-year changes in funding for FY 2021-22 are:

- Sales tax revenue is projected at \$3.45 million, a net increase of \$1.52 million from FY 2020-21 Adopted Budget and represents 30.15% of total general fund revenues. Measure L accounts for approximately \$1.3 Million of this total or 11% of total general fund revenues.
- Motor Vehicle In-Lieu revenue is projected at \$2.5 million, a net increase of \$238,936 from FY 2020-21 Adopted Budget and represents 21.84% of total general fund revenues.
- Property tax revenue is projected at \$1.78 million, a net increase of \$34,999 from FY 2020-21 Adopted Budget and represents 15.6% of total general fund revenues.

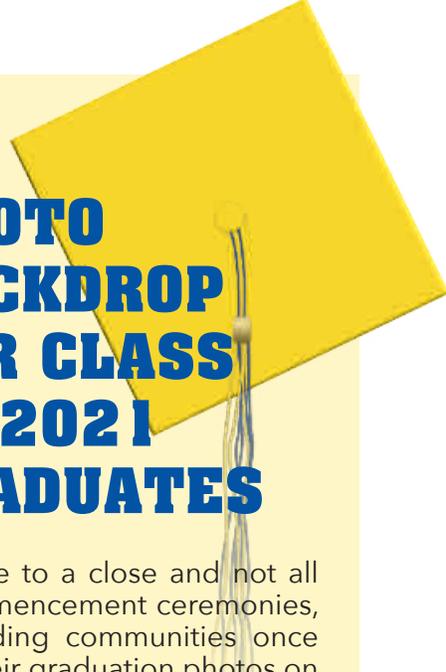


General Fund Expenditures

General Fund expenditures for FY 2021-22 are projected at \$11,446,567, an increase of \$835,811 from FY 2020-21 Adopted Budget. Adjustments to expenditures include supplementing our Public Safety and Traffic safety efforts, increasing our ongoing efforts to rebuild our streets, and building up our capacity to grow and prepare for the recovery and rebuilding of our State and local economies. They also include preparations for the City’s upcoming Safety and Housing Element updates, technology, and digital infrastructure upgrades, planning for future updates to the City’s General Plan and zoning codes, and increasing the City’s voice in State and federal affairs - especially as it relates to local control.



PHOTO BACKDROP FOR CLASS OF 2021 GRADUATES



As the school year once again came to a close and not all schools were able to celebrate commencement ceremonies, students from Lomita and surrounding communities once again had the opportunity to take their graduation photos on the 2021 Graduation stage in front of Lomita City Hall. The Lomita Parks and Recreation Division continues its focus on keeping our community connected, and we're proud to bring back this opportunity to celebrate students' achievements. Congratulations class of 2021! #Lift Up Lomita



THE CITY OF LOMITA AND THE LOMITA CHAMBER OF COMMERCE present

2021 STATE OF THE CITY SAVE THE DATE

WEDNESDAY, DECEMBER 1, 2021

MORE INFORMATION WILL BE AVAILABLE AT LOMITACHAMBER.ORG

SPONSORSHIP OPPORTUNITIES AVAILABLE

SCHOOL SAFETY IS EVERYONE'S RESPONSIBILITY

The first day of school for LAUSD schools in Lomita is Monday, August 16 and as the State announced that 99% of schools plan to reopen for full-time, in-person instruction in the fall, safety is the number one concern while traveling in school zones. School days can bring back traffic congestion and it is important for drivers to slow down and use caution around school campuses.

- Know your school's drop off and pick up procedures and obey all traffic laws and parking restrictions.
- Observe crossing guard instructions and leave designated areas cleared for school buses.
- Do not double park, as it blocks visibility of children and other vehicles.
- Be respectful of nearby residents. Do not block driveways.
- Do not park by a red curb or block a fire hydrant.
- Turning on the vehicle's blinking lights does not make these actions safe nor legal, no matter the length of time.
- Walk or carpool to reduce the number of vehicles at the school.

THANK YOU FOR ENSURING OUR STUDENTS RETURN TO SCHOOL SAFELY!



CITY HALL REOPENS AND RESUMES IN PERSON SERVICES

In compliance with the State and County Safer at Home orders due to COVID-19, Lomita remained operational but closed to the public to reduce in-person interactions since March of last year.

The State and County lifted many public health restrictions for businesses and other activities beginning June 15, 2021. With these developments, Lomita prepared our staff and facilities to welcome the public beginning on July 1, 2021 for in-person services with strategies to limit the spread of COVID-19 in our facilities.

If you are planning a visit to our facilities, keep in mind that the following COVID-19 public safety protocols are in place:

- Adhere to our posted signage at entry points
- Hand sanitizer stations will be available upon entry
- Plexiglass screens have been installed at public counters
- Increased cleaning and disinfecting will be taking place
- Face coverings for unvaccinated individuals are still required in indoor public settings

These measures may be changed at any time to coincide with further revisions to the State or Los Angeles County Health Officer's Order. City staff will continue to provide services by mail, online, and by telephone to assist residents and visitors.

Lomita will continue updating the City's standalone website dedicated to COVID-19 developments, www.lomitacoronavirus.info and continue collaborating with the State and County on dissemination of public service information.

For the latest information visit our City website, <http://www.lomita.com/cityhall/>.





YOU HEARD IT HERE

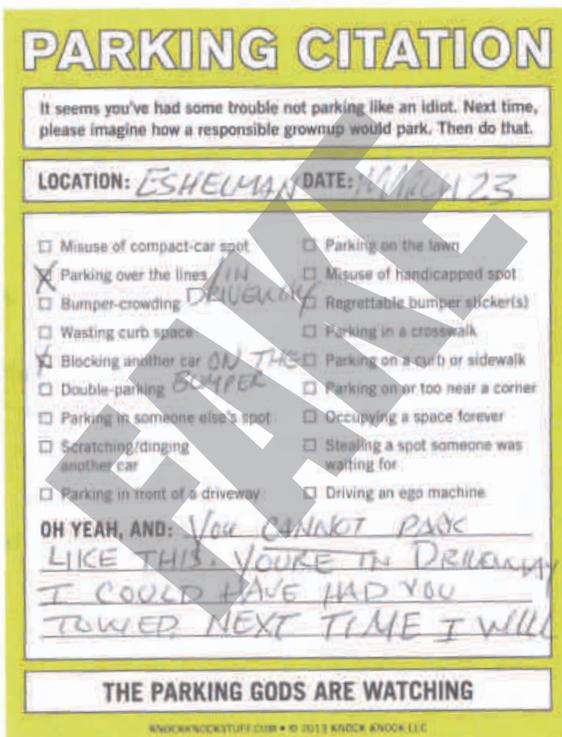
A DIGITAL NEWSLETTER FROM THE CITY OF LOMITA

Subscribe to Lomita's **YouTube Channel** and Digital Newsletter!

Get up to date information from the City of Lomita directly to your electronic device every two weeks! The City's digital newsletter is a simple way to stay informed and connected by providing information on City events, services, and projects. To subscribe and see past issues, visit our website, <http://www.lomita.com/cityhall/mailling-list/>.

The City of Lomita also has a YouTube channel! Subscribe to receive instant updates and keep track of the activities taking place in our community. Visit Lomita's YouTube channel and don't forget to hit that subscribe button!

BEWARE OF FAKE PARKING TICKETS



Lomita Parking Enforcement and Lomita Sheriff Station would like to warn the public of fake parking tickets being left on cars.

Parking Officers came across phony tickets left on vehicle windshields purchased from a novelty store. Although these do not appear as an attempt to defraud anyone into paying a fine and are intended either for entertainment purposes, an attempt to avoid getting a real ticket, or to leave an anonymous message due to a neighbor's inconsiderate parking, it gives enforcement bad press for something they have not done.

Real tickets and warnings issued by deputies or parking enforcement officers will contain information such as a citation number, the violation, the date and time, payment information, and how to contest it. Warnings are issued in lieu of a citation, where appropriate.

Contact Lomita Parking Enforcement at (310) 325-7110 or Lomita Sheriff Station at (310) 539-1661 for assistance if you receive a questionable ticket or are feeling tempted to ticket a nuisance neighbor yourself.

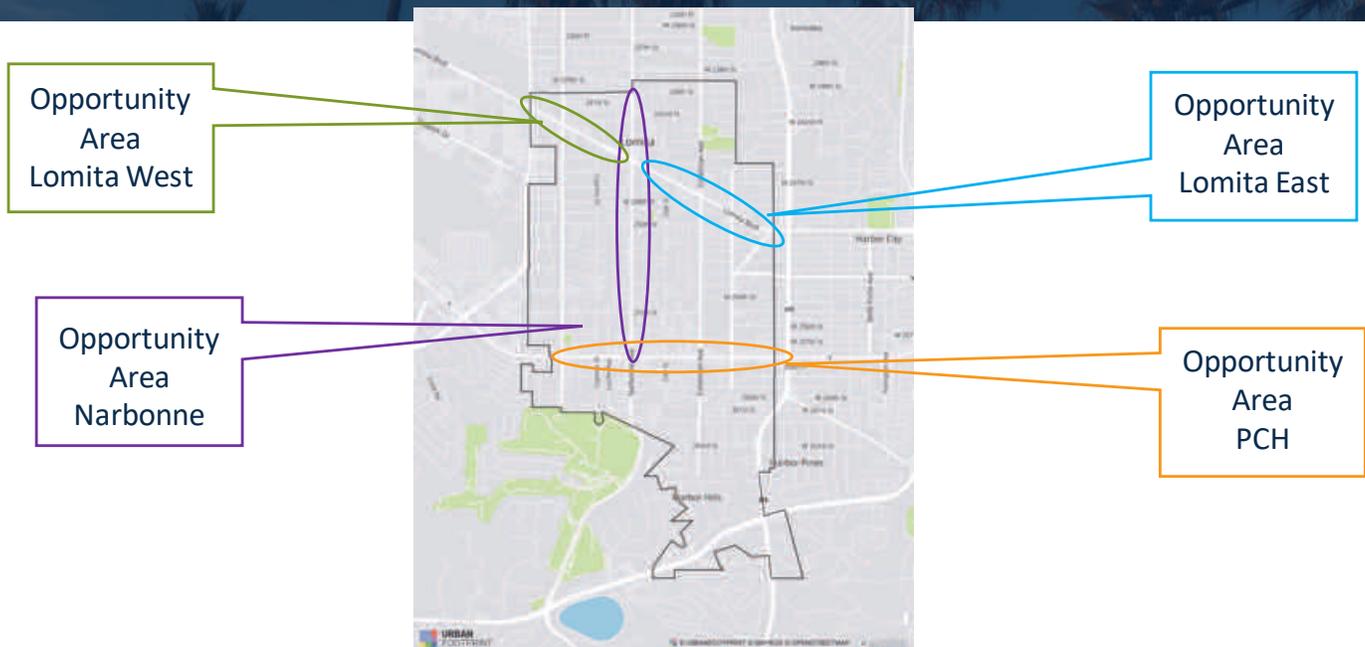
Lomita Addresses State-Mandated Housing Requirements

As required by the State of California, the City of Lomita is updating its Housing Element of the General Plan to meet the housing needs of our community. The state-mandated process is the result of a regional assessment that will require Southern California cities to plan for more than 1.34 million new housing units across the region by October 2029. At a workshop on June 30, 2021, the City Council and Planning Commission discussed a strategy for meeting the City of Lomita's Regional Housing Needs Allocation (RHNA) target of 829-units, 363 of which are required to be for lower-income households, as well as a required buffer of 15-30% for a total plan to allow for almost 1000 new units.

While the State requires the City to plan for these units, our goal is to ensure that we are doing so in a way that protects our residential neighborhoods, and exploring opportunity areas that support our commercial corridors by increasing development potential - both residential and commercial - in those areas. During the workshop, the areas along Narbonne Avenue and Lomita Boulevard were determined to provide the most realistic opportunities for promoting residential and mixed-use development. Pacific Coast Highway was seen as an area that should be further studied but could also provide for mixed-use or higher density residential projects in the future as surrounding cities explore these possibilities as well.

Lomita's larger residential properties in the R1 and A1 zones could also be opportunities for development of housing that blends in with the surrounding neighborhood while providing for more opportunities for home ownership. After receiving input from the community, City staff is preparing the draft of the Housing Element update for consideration by the Planning Commission and City Council later this year. Throughout the process, we will be reaching out to our community to gather as much input as possible to help guide the plan for what Lomita will look like in the future. More information on the Housing Element Update is available on the City's website at www.lomita.com/cityhall/housing-element. We encourage our residents and business owners to get involved by signing up to receive notifications for future meetings and the public review period for the draft Housing Element. If you have questions, you can also email Sheri Repp Loadsman, at s.repp@lomitacity.com or call (310) 325-7110, Ext. 103.

Zoning Opportunities and Capacity



ADULT SPORTS LEAGUES INFORMATION PAGE							
LEAGUES	SUN	MON	TUE	WED	THU	FRI	SAT
MEN'S BASKETBALL (\$415.50)	"C/D" League	"D" League		"C" League	40 & Over League		
MEN'S SOCCER (\$400.00)							
MEN'S PUMPKINBALL (\$325.00)			Night Leagues		Night Leagues		

FEES Officials/Score Fee: Men's Basketball: \$30.00 per team per game, before the game starts or it will result in a forfeit.
 Men's Soccer: \$30.00 per team per game, before the game starts or it will result in a forfeit.
 Men's Pumpkin Ball: \$15.00 per team per game, before the game starts or it will result in a forfeit.

NOTES ▼

- We will be taking no more than 8 teams per league.
- Officials fees **are not** included in league registration fee. There is one forfeit fee included.
- All adult sports leagues may be registered for online, by mail, or at the Lomita Park Recreation Office. Registration form must accompany **full league fees**.
- For mail in registrations, mail to, Lomita Parks and Recreation Department, c/o Hunter Edwards, Recreation Supervisor 24428 Eshelman Avenue, Lomita, CA. 90717.
- Walk in registrations will still be accepted, but will be treated as if mailed.
- Registrations may be mailed early, but will not be entered until eligible registration period. Postmarked date will be used in the case of discrepancies.

REGISTRATION DATES ▼

Please contact Hunter Edwards via email:
h.edwards@lomitacity.com

PAYMENT ▼

Do not send cash in the mail, we will not be responsible. Personal check, Credit Card, Money order, Cashier's check, Sponsors check, or combination will be accepted as payment. Please make payment payable to "**City of Lomita**" payable at the time of registration. Exact cash will be accepted on walk in registrations only.

Register Online @
www.lomita.com/cityhall

- TOT
- YOUTH
- TEEN
- ADULT
- OLDER ADULT
- ▲ ALL AGES

DANCE/MUSIC

SPORTS

FITNESS

12



LOMITA PARK YOUTH YOUTH FOOTBALL:

RESIDENTS:

August 16, 2021 at 9:00am

NON-RESIDENTS:

September 7, 2021 at 9:00am

SIGN-UPS FOR ALL OTHER CLASSES WILL BEGIN:

August 16, 2021 at 9:00am

All forms of payment accepted. Checks, Credit, Money orders, and Cash. Cash must be in exact amount. Check & Money orders should be payable to "City of Lomita."



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FALL REGISTRATION:



SIGN UP ONLINE OR DOWNLOAD THE LOMITA PARKS & REC APP

<http://www.lomita.com/cityhall>
24 hours/7 days a week

IN PERSON

City of Lomita,
Parks and Recreation Dept.
24428 Eshelman Avenue
Lomita, CA 90717

**NEW HOURS : M-F 9:00am-8:00pm,
Sa 10:00am-2:00pm**

Registrations **are not accepted by mail or phone.**

REGISTRATION INFORMATION:

Proof of residency must be established at the time of registration. Lomita residents must supply one of the following documents:

- California Driver License or Identification Card (state issued)
- Current Utility Bill (less than 60 days old)

POLICIES:

If a class does not have the minimum number of participants registered prior to the start date, the class will be canceled.

AVOID DISAPPOINTMENTS REGISTER EARLY!

Participants are responsible for transportation to and from all program sites.

REFUNDS:

Refund Policy

No refunds will be given unless a Refund Request Form, along with your class registration confirmation, is received five (5) working days prior to first day of activity starting.

Approved requests will receive a credit towards a future class. All approved refunds will incur a 20 % administrative fee. If a class is canceled by the City of Lomita, a refund will be automatically granted. Refunds are for the activity fee only, does not include convenience fee. A Refund Request Form may be picked up at Lomita Park, 9:00 AM to 8:00 PM, Monday through Friday.

DANCE/MUSIC



BELLY DANCING-SESSION I

Location: Lomita Park, Tom Rico Center
Fee: Resident: \$29.00. Non-resident: \$32.00
Instructor: Shirin Endoh
Ages: 10 and up
In this 1-hour belly dancing class you will learn about this ancient art, develop a flexible, firm body and have fun. Technique and routines will be taught. Veil and hip scarf are optional.

9000.08 W 6pm to 7pm Sep 8-Sep 29

BELLY DANCING-SESSION II

Location: Community Building at Lomita Recreation Center
Fee: Resident: \$32.00. Non-resident: \$35.00
Instructor: Shirin Endoh
Ages: 10 and up
In this 1-hour belly dancing class you will learn about this ancient art, develop a flexible, firm body and have fun. Technique and routines will be taught. Veil and hip scarf are optional.

9000.09 W 6pm to 7pm Oct 6-Oct 27

CARDIO SALSA DANCE

Location: Lomita Park, Marc Fosnaugh Gymnasium
Fee: Resident: \$13.00. Non-resident: \$14.00
Instructor: Roland Gutierrez
Ages: 18 and up
Dance our way to a Healthy Heart. Engage in an aerobic workout while learning the latest Latin Dances of Bachata, Cha Cha Cha, Merengue, Line Dancing and stretching are included and cool down to the great movement of Bachata. Wear comfortable shoes for dancing and bring a bottled water.

9000.03 W 10:00am to 11:15am Sep 8-Sep 29

SPORTS



FLAG FOOTBALL DIV. 1

Location: Lomita Park, Beverly Belba Field
Fee: Resident: \$45.00. Non-resident: \$60.00
Instructor: Lomita Park Staff
Ages: 12-15
Player Evaluations: Saturday September 25th at 1:00 pm. Players are to be present at 12:45pm. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Sunday September 26th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Rubber cleated shoes, athletic pants, or shorts. All players will receive a uniform t-shirt and a mouthpiece.

9000.12 Sep 27-Dec 11

FLAG FOOTBALL DIV. 2

Location: Lomita Park, Beverly Belba Field
Fee: Resident: \$45.00. Non-resident: \$60.00
Instructor: Lomita Park Staff
Ages: 9-11
Player Evaluations: Friday September 24th at 7:00pm. Players are to be present at 6:45pm. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Sunday September 26th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Rubber cleated shoes, athletic pants or shorts. All players will receive a uniform t-shirt and mouthpiece.

9000.13 Sep 27-Dec 11

FLAG FOOTBALL DIV. 3

Location: Lomita Park, Beverly Belba Field
Fee: Resident: \$45.00. Non-resident: \$60.00
Instructor: Lomita Park Staff
Ages: 6-8
Player Evaluations: Thursday September 23rd at 7:00pm. Players are to be present at 6:45pm. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Sunday September 26th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Rubber cleated shoes, athletic pants or shorts. All players will receive a uniform t-shirt and mouthpiece.

9000.14 Sep 27-Dec 11

VOLLEYBALL DIV. 1

Location: Lomita Park, Marc Fosnaugh Gymnasium
Fee: Resident: \$45.00. Non-resident: \$60.00
Instructor: Lomita Park Staff
Ages: 12-14
Player Evaluations: Saturday September 25th at 10:00 am. Players are to be present at 9:45 am. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Sunday September 26th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Athletic shoes and knee pads. All players will receive a uniform t-shirt.

9000.15 Sep 27-Dec 11

VOLLEYBALL DIV. 2

Location: Lomita Park, Marc Fosnaugh Gymnasium
Fee: Resident: \$45.00. Non-resident: \$60.00
Instructor: Lomita Park Staff
Ages: 9-11
Player Evaluations: Friday September 24th at 4:30 pm. Players are to be present at 4:15 pm. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Sunday September 26th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Athletic shoes and knee pads. All players will receive a uniform t-shirt.

9000.16 Sep 27-Dec 11

VOLLEYBALL DIV. 3

Location: Lomita Park, Marc Fosnaugh Gymnasium
Fee: Resident: \$45.00. Non-resident: \$60.00
Ages: 6-8
Player Evaluations: Thursday September 23rd at 4:30 pm. Players are to be present at 4:15 pm. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Sunday September 26th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Athletic shoes and knee pads. All players will receive a uniform t-shirt.

9000.17 Sep 27-Dec 11

FITNESS



BRIT WEST SOCCER TINY PROS (PARENT & ME)

Location: Lomita Park, Softball Diamond
Fee: Resident: \$148.00. Non-resident: \$160.00
Instructor: Brit West Soccer
Ages: 2-3.5
Parents participate in their child's first steps in physical fitness. Age-appropriate soccer curriculum, focusing on kicking and shooting the ball, is taught through fun and playful games. We aim to instill our little team with a sense of confidence, coordination, friendship, and a love of soccer!

9000.05 Sa 9am to 9:45am Sep 25-Nov 13

BRIT WEST SOCCER TINY PROS

(AGES: 3.5-5)

Location: Lomita Park, Softball Diamond
Fee: Resident: \$148.00. Non-resident: \$160.00
Instructor: Brit West Soccer
Ages: 3.5-5
Athletes will develop dribbling, passing, turning, and shooting through fun games! They will learn technique and agility and how to apply these skills into the game situation. We also introduce basic soccer rules and terms. Our age-appropriate curriculum provides a sound base for progression to playing on a team. For more info www.britwestsoccer.com

9000.06 Sa 10:00am to 10:45am Sep 25-Nov 13

BRIT WEST SOCCER TINY PROS- (AGES: 5-7)

Location: Lomita Park, Softball Diamond
Fee: Resident: \$148.00. Non-resident: \$160.00
Instructor: Brit West Soccer
Ages: 5-7
Athletes will develop dribbling, passing, turning, and shooting through small group practices We also introduce basic soccer rules and terms. Each session ends with a small, sided soccer game to put learned skills into the game situation and develop positional play.

9000.07 Sa 11:00am to 11:45am Sep 25-Nov 13

CRUSH TENNIS JR. ACADEMY-11-14 YRS

Location: Lomita Park, Tennis Courts
Fee: Resident: \$70.00. Non-resident: \$76.00
Instructor: Jake Burt
Ages: 11-14
Calling all tennis fans! Come learn the art of tennis! At Crush tennis we specialize in working with junior tennis players.

9000.29 Tu 4:30pm to 5:30pm Sep 14-Oct 19

9000.31 Th 4:30pm to 5:30pm Sep 16-Oct 21

CRUSH TENNIS JR. ACADEMY-7-10 YRS

Location: Lomita Park, Tennis Courts
Fee: Resident: \$70.00. Non-resident: \$76.00
Instructor: Jake Burt
Ages: 7-10
Calling all tennis fans! Come learn the art of tennis! At Crush tennis we specialize in working with junior tennis players.

9000.28 Tu 3:30pm to 4:30pm Sep 14-Oct 19

9000.30 Th 3:30pm to 4:30pm Sep 16-Oct 21

KOREAN KARATE-LITTLE DRAGONS

Location: Lomita Park, Tom Rico Center
Fee: Resident: \$70.00. Non-resident: \$76.00
Instructor: Master Duncan
Ages: 5-12
The Little Dragons class is designed to introduce children to martial arts and the concepts and skills they will need to excel both in Soo Bahk Do and in life. The training, while consisting of basic self-defense techniques, focuses mainly on the coordination, motor skills and character development that a child will need to better themselves as individuals. Help your child develop that "I CAN" attitude by joining the Little Dragons martial arts program. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.01 Tu 5:00pm to 5:40pm Sep 7-Oct 26

9001.07 Tu 5:00pm to 5:40pm Nov 2-Dec 14

9001.02 Th 5:00pm to 5:40pm Sep 2-Oct 28

9001.08 Th 5:00pm to 5:40pm Nov 4-Dec 16

Fall Recreational & Leisure Activities

- TOT
- YOUTH
- TEEN
- ADULT
- OLDER ADULT
- ▲ ALL AGES

Through this skill development we hope to impart on our students a greater sense of confidence and leadership to assist them in their everyday lives. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.04 F 5:00pm to 5:40pm Sep 3-Oct 29
 9001.10 F 5:00pm to 5:40pm Nov 5-Dec 17

FITNESS

BADMINTON

Location: Lomita Park, Marc Fosnaugh Gymnasium
 Fee: Standard charge: \$15.00
 Ages: 18 and up
 Come enjoy a couple rounds of Badminton twice a week. It is a great way to meet new people and stay active. No class Nov 11th, Nov 23rd & Nov 25th

9000.18 Tu/Th 10:45am to 1:45pm Sep 7-Dec 16

KOREAN KARATE-BEGINNING

Location: Lomita Park, Tom Rico Center
 Fee: Resident: \$70.00. Non-resident: \$76.00
 Instructor: Master Duncan
 Ages: 12 and up
 Soo Bahk Do is a Traditional Korean Martial Arts program that focuses on effective self-defense techniques as well as the cultivation of the mind and body. Through training in Soo Bahk Do you will help boost self-confidence, improve fitness, relieve stress, and push yourself to new limits. Soo Bahk Do training is great for anyone and works at a level that pushes your limits no matter your physical condition. Classes are available for both beginning and advanced levels. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.05 Tu/Th 6:00pm to 7:00pm Sep 2-Oct 28
 9001.11 Tu/Th 6:00pm to 7:00pm Nov 2-Dec 16

KOREAN KARATE-BLACK BELT

Location: Lomita Park, Tom Rico Center
 Fee: Resident: \$88.00. Non-resident: \$96.00
 Instructor: Master Duncan
 Ages: 11 and up
 Soo Bahk Do is a Traditional Korean Martial Arts program that focuses on effective self-defense techniques as well as the cultivation of the mind and body. Through training in Soo Bahk Do you will help boost self-confidence, improve fitness, relieve stress, and push yourself to new limits. Soo Bahk Do training is great for anyone and works at a level that pushes your limits no matter your physical condition. Classes are available for both beginning and advanced levels. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.06 T/TH/F 6:00pm to 7:00pm Sep 2-Oct 29
 9001.12 T/TH/F 6:00pm to 7:00pm Nov 2-Dec 17

LEAGUES

MEN'S BASKETBALL-MONDAY

Location: Lomita Park, Marc Fosnaugh Gymnasium
 Fee: \$415.50
 Ages: 18 and up
 This league will run on Monday nights for the duration of 3 months, including playoffs. \$30.00 per game for official fee. Only team registrations will be accepted at Lomita Parks and Recreation center.

9000.19 M 7:30pm to 10:30pm Sep 13-Nov 22

MEN'S BASKETBALL-WEDNESDAY

Location: Lomita Park, Marc Fosnaugh Gymnasium
 Fee: \$415.50
 Ages: 18 and up
 This league will run on Wednesday nights for the duration of 3 months, including playoffs. \$30.00 per game for official fee. Only team registrations will be accepted at Lomita Parks and Recreation center.

9000.20 W 7:30pm to 10:30pm Sep 15-Nov 24

MEN'S BASKETBALL-THURSDAY

Location: Lomita Park, Marc Fosnaugh Gymnasium
 Fee: \$415.50
 Ages: 40 and up
 This league will run on Thursday nights for the duration of 3 months, including playoffs. \$30.00 per game for official fee. Only team registrations will be accepted at Lomita Parks and Recreation center.

9000.21 Th 7:30pm to 10:30pm Sep 16-Dec 2

FITNESS

GENTLE YOGA-TUESDAY & FRIDAY SESSION I

Location: Lomita Park, Tom Rico Center
 Fee: Resident: \$60.00. Non-resident: \$65.00
 Instructor: Sharmone La Rose
 Ages: 18 and up
 This Yoga class is designed for the beginner and those who would benefit from a slower pace. Learn basic postures for strength and agility. Gentle stretching exercises are included for building flexibility. Breathing and relaxation techniques help improve focus and concentration.

9000.01 TU/F 10:15am to 11:45am Sep 7-Nov 2

GENTLE YOGA-TUESDAY & FRIDAY SESSION II

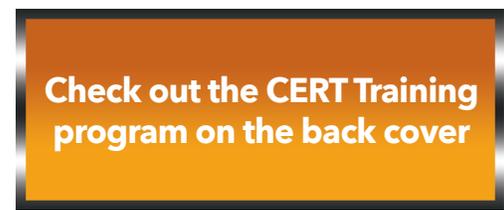
Location: Lomita Park, Tom Rico Center
 Fee: Resident: \$32.00. Non-resident: \$35.00
 Instructor: Sharmone La Rose
 Ages: 18 and up
 This Yoga class is designed for the beginner and those who would benefit from a slower pace. Learn basic postures for strength and agility. Gentle stretching exercises are included for building flexibility. Breathing and relaxation techniques help improve focus and concentration. No class November 26th

9000.02 TU/F 10:15am to 11:45pm Nov 16-Dec 14

CHAIR YOGA

Location: Lomita Park, Tom Rico Center
 Fee: Resident: \$60.00. Non-resident: \$65.00
 Instructor: Eden Serina
 Ages: 50 and up
 Students will increase flexibility and improve balance and strength through seated and standing yoga poses. No poses will be on the floor, and chairs will be provided. Athletic shoes required. Please bring a water bottle.

9000.10 M 10:00am to 10:50am Sep 13-Nov 15



FITNESS

LEAGUES

DOG OBEDIENCE



FITNESS

KOREAN KARATE-LITTLE DRAGONS TUE/THUR

Location: Lomita Park, Tom Rico Center
 Fee: Resident: \$70.00. Non-resident: \$76.00
 Instructor: Master Duncan
 Ages: 5-12
 The Little Dragons class is designed to introduce children to martial arts and the concepts and skills they will need to excel both in Soo Bahk Do and in life. The training, while consisting of basic self-defense techniques, focuses mainly on the coordination, motor skills and character development that a child will need to better themselves as individuals. Help your child develop that "I CAN" attitude by joining the Little Dragons martial arts program. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.03 Tu/Th 5:00pm to 5:40pm Sep 2-Oct 28
 9001.09 Tu/Th 5:00pm to 5:40pm Nov 2-Dec 16

KOREAN KARATE-DRAGONS

Location: Lomita Park, Tom Rico Center
 Fee: Resident: \$46.00. Non-resident: \$50.00
 Instructor: Master Duncan
 Ages: 7-14
 The Dragons class is our advance kids program designed for the graduates of our Little Dragons program. In the Dragons program students will learn how to work with others as they apply their techniques and defensive skills. A higher level of control, discipline, focus and teamwork is emphasized in this class which will assist students in their growth and their advancement into the main Soo Bahk Do program.

FITNESS



BALANCE & MEMORY. (FORMERLY MMM)

Location: Lomita Park, Tom Rico Center
 Fee: Resident: \$69.00. Non-resident: \$75.00
 Instructor: Eden Serina

Ages: 50 and up
 Balance & Memory is a unique wellness class that enhances physical, mental, and emotional wellbeing. Each class includes exercises focused on balance and fall prevention, brain games for improving cognitive function and memory, and mindful relaxation for stress reduction and ultimate relaxation. This class is open to all fitness levels, and athletic attire is suggested.

9000.11 W 10am to 11am Sep 15-Nov 17

DOG OBEDIENCE



DOG OBEDIENCE-BEGINNING/BASIC EVENING

Location: Lomita Park, Outside Basketball Court
 Fee: Resident: \$110.00. Non-resident: \$120.00
 Instructor: Ethel Mercer & Carolyn Peter
 Ages: Over 5 Months

This class is designed to help you teach your dog the behaviors, skills, and manners they need to become a good companion. You will learn and practice training techniques based on positive reinforcement, including marking desired behavior, verbal praise, and treats. Dogs/ puppies should be at least 5 months of age. Basic companion dog skills include come, sit, down, stay/wait and walking on a loose leash. Owners must provide proof of shots at first class meeting. No Class Nov 23rd. Question, please call Ethel Mercer (310) 326-3266 and Carolyn Peter (714) 366-4887.

9000.24 Tu 7:00pm to 8:00pm Aug 24-Sep 28
 9000.27 Tu 7:00pm to 8:00pm Oct 19-Nov 30

DOG OBEDIENCE-PUPPY MANNERS & DEVELOPMENT

Location: Lomita Park, Outside Basketball Court
 Fee: Resident: \$110.00. Non-resident: \$120.00
 Instructor: Ethel Mercer & Carolyn Peter
 Ages: 9 Weeks to 6 Months

This class is designed to give you and your puppy a great start in the world by working on physical and mental development, confidence-building, manners, obedience, and socialization. At the start of the session puppies should be between the ages of 9 weeks to 6 months for most breeds. Exceptions may be made for slightly older puppies smaller than 10 pounds. The class is on the hard court to help keep puppies safe. Here the very young puppies need only their first set of shots, older puppies need to be up to date. Owners are to provide proof of shots at initial class meeting You may use collars or harnesses but NO metal or prong collars. No class Nov 24th. Questions, please call Ethel Mercer (310) 326-3266 or Carolyn Peter (714) 366-4887

9000.22 W 5:00pm to 6:00pm Aug 25-Sep 29
 9000.23 W 6:30pm to 7:30pm Aug 25-Sep 29
 9000.25 W 5:00pm to 6:00pm Oct 20-Dec 1
 9000.26 W 6:30pm to 7:30pm Oct 20-Dec 1

HELPING MAINTAIN THE LOMITA VETERANS MEMORIAL

The City of Lomita would like to send our thanks to former Council Member and Mayor Dave Albert for his recent contributions to improve our City and continue to honor our military heroes. He recently volunteered to make improvements to the P.O.W. and Veterans Memorial located outside the Lomita Post Office to honor Lomita military heroes who have served and given their lives for our Country. The work included new landscaping and new lighting to the memorial as well as the front of the Post Office building to keep it looking fresh. The Lomita Public Works Department also helped paint the flag pole to complete the beautification project. Mr. Albert worked to get the P.O.W. and Veterans Memorial installed and has donated thousands of dollars and many hours of his time to keep it maintained for many years, and we'd like to say a big **THANK YOU** for his efforts!





Lomita Community Education
24300 Narbonne Ave • Lomita, CA 90717

NON-PROFIT ORG
U.S. POSTAGE
PAID
PERMIT NO. 3100
TORRANCE, CA
ECR-WSS

CURRENT RESIDENT

City Hall and Community Contacts

Lomita City Hall
(310) 325-7110

Library
(310) 539-4515

Lomita Sheriff Station
(310) 539-1661

Lomita Park
(310) 326-0140

Railroad Museum
(310) 326-6255

**Public Works
Water, Street, & Trees**
(310) 325-7110 ext. 155

Water Emergencies
(310) 597-6428

Street & Tree Emergencies
(310) 597-6429

**Emergency Park
Maintenance**
(310) 597-6430

Animal Control
(310) 523-9566

Rubbish Collection (CalMet)
(310) 212-3496

Graffiti
(310) 325-7110 ext. 156

**Emergency Numbers
Dial 911**
Sheriff, Fire, Paramedics,
Ambulance

Sheriff Complaints
(800) 698-8255

Lomita Post Office
(310) 326-8280

**Lomita Chamber of
Commerce**
(424) 378-7111

For more information, please
view our webpage at
www.lomita.com/cityhall



CERT TRAINEES ARE CRITICAL FOLLOWING A MAJOR DISASTER

Following a major disaster, first responders who provide fire and medical services may not be able to immediately meet the overwhelming demands for these services. Community members will be initially on their own and their actions can make a difference to effectively respond to and recovery in times of crisis.

Developed through FEMA, the LA County Fire Department's Community Emergency Response Training (CERT) program teaches participants how to plan for an emergency and trains them in basic disaster response skills, including fire safety, light search and rescue, team organization, and emergency/disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help.

The program has had a tremendous turnout in the past and as we resume activities post-pandemic, we are looking for new participants. Classes are free to attend. Individuals who have taken a CERT class in the past are welcome to attend to refresh their training.

For more information or to be contacted about future trainings, email HenrySanchezJr@gmail.com and provide your name, home address, e-mail address, and contact number.

