

Lomita

NEWSLETTER

CITY OF LOMITA
PUBLIC LIBRARY
LOS ANGELES COUNTY LIBRARY SYSTEM
24200



FALL 2019 IN THIS ISSUE

- City Council Approves FY 2019-20 Budget . . . 2
- 2019-20 Budget Highlights 3
- New Chamber of Commerce 4
- New Business Spotlight 4
- Dog and Cat Vaccination Clinic 5
- Parking Violations Pose Safety Hazards . . . 6
- City Renews Solid Waste Contract. 7
- Lomita Sister City Association News 7
- Veteran’s Day Ceremony 8
- 2019 State of the City Luncheon 8
- New Captain at Lomita Sheriff Station 9
- Lomita Tree Lighting 9
- Earthquake Preparedness. 10
- Grants Contribute to Better Air Quality . . . 11
- Lomita Poker Tournament. 11
- Santa and the Polar Express. 12
- Halloween at Lomita Park 13
- Recreational & Leisure Activities 14
- Octoberfest 19
- Hazardous Waste Roundup 20

LOMITA CITY COUNCIL

Mayor Henry Sanchez Jr. | **Mayor Pro Tem** James Gazeley
Council Member Mark Waronek | Michael Savidan | Cindy Segawa

LOMITA CITY COUNCIL APPROVES FY 2019-20 BUDGET

Focus on Maintaining Essential Services

On June 18, the Lomita City Council met to review and approve the budget for the coming Fiscal Year 2019/2020, which began on July 1, and to discuss priorities and strategic plans for the City. A budget workshop was held on May 14, 2019 to review the draft budget and make any recommended amendments. The approved budget focuses on maintaining the City's essential services despite increasing costs and modest revenues.

As it has been in previous years, the funding for programs in our community like Sheriff's patrols, street improvements, and parks and recreation programs comes from primarily three sources - Sales Taxes, Property Taxes and Motor Vehicle fees. Unlike many of our surrounding cities, Lomita does not have a local source of significant funding such as a Utility User's Tax or local Sales Tax, and is reliant on pass-through funding from State and County sources. As these funding sources remain relatively flat, costs continue to rise. In the past five years the City's Public Safety costs have increased more than 35%, and infrastructure maintenance costs continue to rise. The City has established "rainy-day" funds to bolster funding, but these funds only go so far, and without additional locally-controlled revenues, the City's ability to maintain service levels will be diminished.

For Fiscal Year 19/20 General Fund revenues and expenditures are projected to be \$9,628,526- a decrease of \$158,064 from last year - and the proposed budget includes the use of a portion of the "rainy-day" funds to maintain current levels of Sheriff patrols and maintain the City's streets, water systems and support community recreation programs. It is expected this trend will continue in the coming years, and the City has begun restructuring operations to streamline service delivery and reduce costs.

To account for increasing costs to provide services and continue to maintain high levels of service to our residents, in 2016 the City began a systematic reorganization of the City's staffing that has produced savings without reduction in service delivery. The proposed budget continues this trend and includes a reorganization, approved by the City Council earlier this year, that will provide savings over the long term by elimination of 2 full time Management level positions (Parks and Recreation Director and Special Projects Coordinator) and the addition of one new position (Public Works Superintendent) to account for the shifting responsibility for Parks maintenance into the Public Works Department. This reorganization reduces expenditures by approximately \$150,000 annually and allows us to better utilize our existing available staff without sacrificing services to our community. Much of the recent reorganization efforts

have relied on elimination of positions through attrition, but going forward further reductions may require amendments to service levels.

As in previous years, the City's general contract for services with the Los Angeles County Sheriff's Department is increasing by \$208,029 for FY 2019-20 for a total of \$3,691,242. This represents approximately a 5.9% increase year-to-year in the contract rates, and more than a 35% increase in the last 5 years just to maintain our existing patrols and law enforcement services.

The approved budget also includes planned investments to the City's water system including improvements to the Cypress Water Production Facility, but these projects rely on investment and partnership with outside agencies and may also require internal investment. Notably, the City recently began construction to replace a critical water main and street resurfacing on Walnut Street from PCH to 253rd, with more improvements coming later in the year.

The approved Fiscal Year 2019-20 Budget focuses on maintaining service levels in the face of rising costs and relatively flat revenue projections. It maintains critical services and continues to invest in long term infrastructure improvements to enhance the quality of life of our residents. The General Fund reflects the difficulties of a weakening revenue outlook and projected increases in the costs to maintain service levels. The Budget also includes departmental and operational adjustments to better align with the community's priorities and shape our organization to continue to meet the future needs of our residents. Given the challenges ahead in coming years, the City will need to creatively improve our ongoing revenue sources as well as continue to closely monitor and contain our expenditures.

Some of the highlights of the FY 2019-2020

Budget are:

• General Fund Operating Budget	\$9,628,526
• Water Enterprise Fund Budget	\$6,956,222
• Capital Improvement Budget	\$5,836,500
• All Other Funds Budget	\$2,138,997
• Total Budget	\$24,560,245

For additional information on the budget, please visit: http://www.lomita.com/cityhall/government/admin/index.cfm?p=annual_operating_budget.cfm.

For more information on the City's Budget, visit www.lomita.com/cityhall or the Administrative Services Department at 310-325-7110 x127 or via email at s.kamada@lomitacity.com.



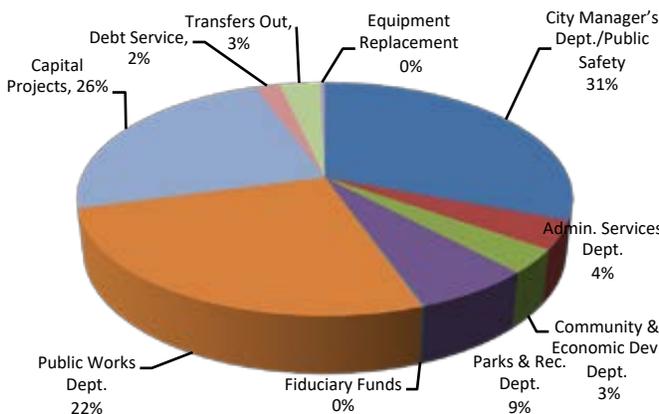
City of Lomita 2019-20 Budget Highlights

- The FY 19-20 Budget is balanced without the use of any carryover funds.
- The City maintains a \$4 million General Fund Reserve (i.e. “rainy day fund”).
- The budget emphasizes reducing crime, investing in our water and streets infrastructure, and building and maintaining the City’s small businesses, all while continuing to invest in long term financial security.

Budget Summary

General Fund Operating Budget	\$9,628,526
Water Enterprise Fund Budget	\$6,956,222
Capital Improvement Budget	\$5,836,500
All Other Funds Budget	\$2,138,997
Total Budget	\$24,560,245

Expenditures by Department



Major Infrastructure Projects Approved

- Water Rate Study
- Water Master Plan Update
- Replacement Vehicles for Water & Street
- “Zone C, F, & G” Road Maintenance and Slurry Seal Program
- PCH/Walnut & Western/PV Drive
- Granular Activated Carbon Filtration System at Cypress Water Production Facility to continue to improve Water Quality
- Water Main Replacements/Street Upgrades:
 - Walnut St. – PCH to 253rd Place
 - PCH Water Main Replacement
 - 246th – 248th Streets Water Main Replacement

Summary of Major Activities

Focus on Public Safety, Water Infrastructure Upgrades and Street Improvements

- Increased spending for Sheriff’s patrols and public safety services
- Granular Activated Carbon Filtration System at Cypress Water Production Facility to continue to improve Water Quality
- Water Distribution pipeline replacements
- New Business attraction and retention programs
- Continued investment toward paying down the City’s Long Term Pension Obligations

NEW CHAMBER OF COMMERCE

Helping Lomita Thrive and Businesses Prosper



“The Business Friendly City” has a Chamber of Commerce! Our local businesses now have a new partner to promote their products and services, increase the visibility of their businesses, and improve the economy and the quality of life in the community, while connecting with other local business owners and members. Chamber activities range from hosting business events, to working with local representatives, to charitable efforts for the betterment of the

community. It doesn't matter the industry or type of business you're in, support is key. Support from like-minded people can help you achieve success.

The Lomita Chamber of Commerce, located at 2315 Lomita Blvd, Suite #410, is accepting new members and encouraging business owners to fill remaining positions on the Board of Directors. The Founding Members currently include South Bay Credit Union, Coastal Funeral Center, The Picerne Group and Localista Media.

The Chamber hosts monthly business networking mixers. Bring your business cards and get ready to expand your professional network, learn about business opportunities, and upcoming events. Visit the Lomita Chamber of Commerce's website, <https://www.lomitachamber.org> for additional information.

NEW BUSINESS SPOTLIGHT:

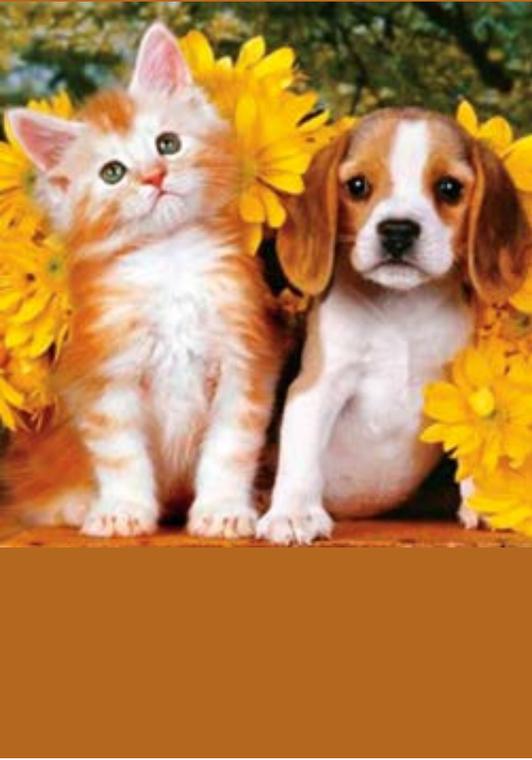
The City would also like to welcome the following new Lomita businesses that opened this Fall:

Luxury Spa & Nails	IBJG's Nook Inc
Pacific Coast Glove & Safety, Inc.	Lomita Chamber of Commerce
Blueprint Service (Under new ownership)	Global Digit Solutions, LLC
Pacific Coast Tech	Industrial Glam
Fukanoya	



CITY HALL TO HOST DOG AND CAT VACCINATION CLINIC

Sunday • September 8th • 2019 • 9:00 Am - 2:00 pm
Lomita City Hall Parking Lot
24300 Narbonne Avenue • Lomita, CA 90717



The City of Lomita is sponsoring a Dog and Cat Vaccination Clinic on Sunday, September 8 in the parking lot at the rear of Lomita City Hall located at 24300 Narbonne Avenue. Everyone is welcome to bring their dogs and cats to this fun and informative event that will feature low-cost vaccinations, microchipping, and pet licensing. It will be held between the hours of 9am and 2pm.

Co-sponsoring the event with the City will be the Los Angeles County Department of Animal Care and Control, which will offer rabies vaccinations for \$10 and microchipping for \$7.50 (registration not included). Additional vaccines will be available for dogs at \$15 for DHLPP and Bordetella and \$10 for canine influenza. The FVRCP vaccine for cats will be available for \$15.

Pet registration will also be available. Reduced license fees are provided for spayed and neutered pets, senior citizens (age 60 or older) and disabled military veterans with valid proof. Please visit <https://animalcare.lacounty.gov/licensing/> for additional information.

Dogs must be on a leash adequate to safely control your pet. Only checks and cash will be accepted as payment for services during the event. For further information on the pet fair, please contact Daniella Knighton, Administrative Analyst at d.knighton@lomitacity.com 310-325-7110 ext. 119.

LOW COST VACCINES

GET YOUR PET MICROCHIPPED

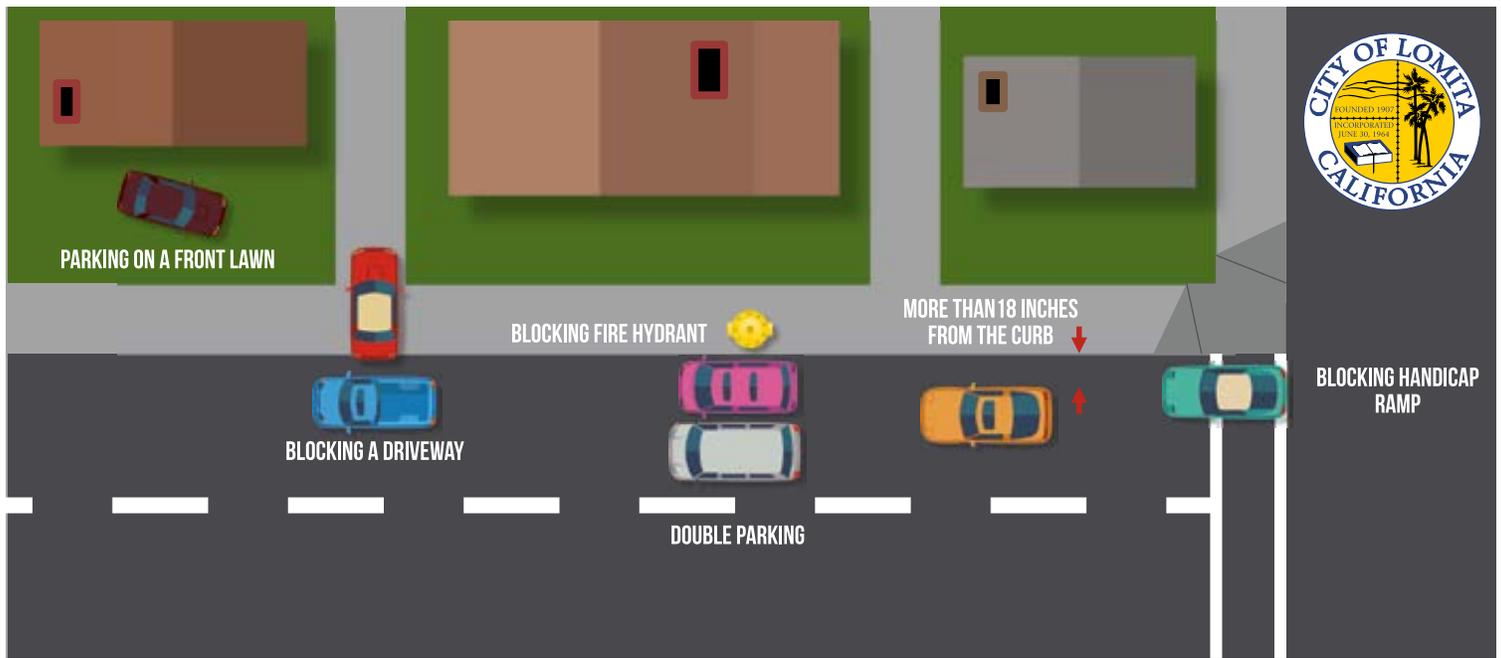
RENEW YOUR PETS LICENSE

- ▶ **Rabies vaccination: \$10**
- ▶ **Microchipping: \$7.50
(Registration Not Included)**
- ▶ **Vaccinations:**
 - **Canine**
 - DHLPP \$15
 - Bordetella \$15
 - Canine Influenza \$10
 - **Feline**
 - FVRCP \$15

* Checks and Cash Only *



LOS ANGELES COUNTY
**ANIMAL CARE
& CONTROL** | **redefining
CARE**



Parking Violations Pose **Safety Hazards**

The City of Lomita would like to remind everyone of the importance of parking correctly and legally to comply with the laws and make sure everyone can get around the City safely. Parking regulations help maintain traffic flow and enhance public safety and they complement the City's commitment to promote a safe environment for residents, businesses, and visitors.

The City's Parking Enforcement Division and Lomita Sheriff Deputies enforce parking laws per the California Vehicle Code and Lomita Municipal Code. The following situations are citable violations.

- Blocking a driveway, either in a residential or business area
- Blocking a sidewalk, either in a residential or business area
- Double parking (especially in a school zone) but also in residential areas
- Parking within 15 feet from a fire hydrant (red curb not required)
- Blocking handicap/wheelchair access ramps
- Parking more than 18 inches from the curb
- Parking on a curb
- Parking in a street sweeping area
- Parking in an alley
- Parking on a front lawn/side yard
- Parking while facing the wrong direction
- Parking against a colored curb
- Red: no stopping, standing or parking
- White: loading or unloading passengers or mail (especially in a school zone)
- Green: specific short time limits
- Blue: disabled or handicapped only (placard must be properly displayed)
- Non-display of current tags
- Unhitched trailers

Be a good neighbor and let's work together to maintain our streets safe. Violating parking standards create safety hazards for traffic and pedestrians alike and can cause conflicts between neighbors when parking regulations are not followed.

Please note that the City of Lomita contracts for processing of parking citations, including payments and Administrative Hearings. To respond to a parking citation, the registered owner, lessee or person responsible for the vehicle cited shall pay the parking penalty or submit a written appeal with any supporting information online or via mail within 21 days of the citation date by visiting www.citationprocessingcenter.com or calling 1-800-989-2058. Payments for parking citations are not accepted at City Hall.

For additional information please visit our website, http://www.lomita.com/cityhall/general_administration/index.cfm?p=../government/hcd/parking-citations.cfm.

City Renews Solid Waste Collection Contract with CalMet, Adds New Services and Programs

The City Council recently approved a new solid waste agreement with CalMet Services, Inc. for a period of eight years to continue providing citywide solid waste collection and recycling services for commercial, multi-family residential and residential properties. Starting on July 1, 2019, the following changes will take effect to better serve the community.

Changes to Bulky Item Pick-up

In the past, CalMet Services provided bulky item pick-up twice a year, in April and October, on your normal pick-up day. Starting on July 1, 2019, each single family residential customer can request up to four on-call bulky item pick-ups (at no-charge) per year (maximum of 6 items per pick-up) and multi-family residential customers will receive one on-call bulky item pick-up per residential unit within the development. This means you will be able to call for a bulky item pick-up anytime during the year, replacing the previous April/October bulky item pick-ups. Property owners/landlords for multi-family developments are asked to coordinate scheduled pick-up with CalMet Services.

Rate Adjustment Effective July 1, 2019

Lomita is working to improve solid waste and recycling collection services to benefit our residents as well as complying with statewide mandates and offset increasing disposal costs. A rate adjustment will be reflected beginning on the next billing cycle from the contract hauler. The typical single family residential bill will increase by \$1.83 per month.

Senior Discount and Cart Service for Disabled

Senior citizens (those 65 years of age and older) who are CalMet customers and head of household qualify for a senior discount of 5%. In addition, backyard cart collection service is available for disabled residents, free of charge, upon request made in advance to Calmet.

If you have any questions or need additional information on these services, please contact CalMet Services at 562-259-1239.



Lomita Sister City Association News

The summer came and went in a blink of an eye! We welcomed 7 students: Airi Yamamoto(16), Ryona Morikawa(16), Natsuki Yamano(19), Haruka Amano(20), Honoka Ueda(14), Mafumi Murata(15), Kanata Iguchi(15), and their Chaperone -Mr. Hiroki Suenoto for a short period from August 3rd through August 17th. Many friendships and bonds have now been established, bringing another successful LSCA Summer Exchange.

The Lomita Sister City Association and our Sister City in Takaishi City, Osaka have been exchanging students every other year since establishment over 30 years ago. Next year, 2020, is extremely special as we celebrate our 35th year as Sister Cities. If you are interested in participating in our exchange program and would love to learn about new cultures, make new friends, etc., be on the lookout for our 2020 Exchange application ready online and at City Hall around November. We would love to send 10 students and a chaperone to Takaishi next year to start the celebrations.

Also, we always welcome families and students who are interested in come and join in our organization. If you have any questions or are looking to become involved, you can attend one of our regular monthly meetings held on the 3rd Thursday of each month at 7pm at the Lomita City Hall. We do not meet in December.

If you do not have students who are interested or age appropriate at this time, but would still like to help with our fundraisers, we would appreciate your support through your simple shopping at Ralphs or Food4Less. You can sign up from their website with your login and go into "Community Programs" and search for our organization's name: Lomita Sister City. It will go into effect 72HRS after registration and then start your normal shopping with your membership card. From all of your purchases, Ralphs and Food4Less will reward us with a small percentage of the amount quarterly. The more you shop, the more we will receive back in rewards. More information can be found on our website under Get Involved @ <https://lomitasistercity.webs.com/>



VETERAN'S DAY CEREMONY NOVEMBER 11TH

Veteran's Day Event 11:00am

Location: Veteran's Park

Southwest corner of 257th Street & Walnut Avenue



Startup Lomita
SAVE THE DATE

CITY OF LOMITA 2019 STATE OF THE CITY LUNCHEON

NOVEMBER 21, 2019 12:00 PM – 2:00 PM

LOMITA PARK TOM RICO CENTER • 24428 ESHELMAN AVE LOMITA

FOR QUESTIONS PLEASE CALL (310) 325-7110



LOMITA WELCOMES NEW CAPTAIN TO LOMITA SHERIFF STATION



Captain James Powers, a 30-year veteran of the Los Angeles County Sheriff's Department, has been selected as the new Lomita Station Unit Commander and brings with him a wealth of experience and knowledge to serve our community.

After graduating from the Sheriff's Academy in 1988, Powers joined LACSD and worked a variety of assignments, including Field Training Officer, Special Assignment Officer, and Detective assigned to Men's Central Jail, Custody Division and Lakewood Station, Field Operations (Patrol) Division.

In 2002, he was promoted to the rank of Sergeant, where he supervised Custody Division, Field Operations (Patrol) Division and Leadership and Training Division. In 2014, he promoted to the rank of Lieutenant, where he managed the Custody Division

Inmate Services Bureau as the Business Management Lieutenant, in the Lakewood Station as the Service Area Lieutenant, and transferred to Internal Affairs Bureau in 2017.

Throughout his career, Powers has been active in employee training and development programs. He was the Assistant Director of the Regional Community Policing Institute - California, and began facilitating Franklin Covey curricula in 2006. In addition to facilitating the 7 Habits of Highly Effective Law Enforcement Professionals, he also facilitates Focus: Achieving your Highest Priorities, The Nobility of Policing, and Policing at the Speed of Trust. He has facilitated Franklin Covey material to law enforcement agencies throughout California, and several states across the country.

Powers believes there is always something new to learn and we should evaluate ourselves daily to improve and better ourselves. This continuous effort will contribute to personal development as a leader in which everyone can benefit.

The City of Lomita would like to welcome Capt. Powers to his new role. For more information on Capt. Powers or on the services provided through the Lomita Sheriff's Station, please call the station directly at 310-539-1661.



Lomita Tree Lighting

**December 6th Lomita Tree lighting 5:30pm
24300 Narbonne Ave**

Come help us kick off the holiday season with musical performances and a visit from Santa.



EMERGENCY PREPAREDNESS

Key to Recovery After a Natural Disaster

The recent Ridgecrest earthquakes have reminded communities throughout the State that unlike other natural disasters, earthquakes hit suddenly and without warning.

The Earthquake Country Alliance has worked with experts in earthquake science, preparedness and mitigation to develop a guide to earthquake safety. Use these steps to better prepare, survive and recover.



1

Secure your space by identifying hazards and securing moveable items.

Drop, cover and hold when the earthquake strikes. Crawl underneath a sturdy table or desk if one is available nearby or crawl to an interior wall away from windows and bend over to protect vital organs, head, and neck.

5



2

Plan to be safe by creating a disaster plan and deciding how you will communicate in an emergency.

Improve safety after earthquakes by evacuating if necessary, helping the injured, and preventing further injuries or damage.

6



3

Organize disaster supplies in convenient locations.

Restore daily life by reconnecting with others, repairing damage, and rebuilding community.

7



4

Minimize financial hardship by organizing important documents, strengthening your property, and considering insurance.

Now is the time to prepare. The LA County Fire Department offers a Community Emergency Response Team (CERT) training course that provides the basic information and organization necessary to cope and recover from both manmade and natural disasters. The CERT is offered free of charge to all community members over the age of 18. Training courses are hosted in various locations across the county, including at Lomita City Hall approximately once a year. Graduates of any LA County CERT training have the option to sign up for the Lomita CERT program to assist the community in the event of a major emergency or disaster. To learn more, visit <http://www.fire.lacounty.gov/lacofd-cert-program/lacofd-cert-registration/>.

GRANTS CONTRIBUTE TO BETTER AIR QUALITY IN LOMITA



The City of Lomita is proud to announce that it applied for and received grant funding from Mobile Source Air Pollution Reduction Review Committee's (MSRC) and South Coast Air Quality Management District's (SCAQMD) Clean Transportation Local Government Match program for three exciting projects.

The City was awarded a MSRC grant in the amount of \$2,500 for the purchase of in-ground mount galvanized steel bicycle parking racks. The City is installing 29 new bicycle racks at locations recommended in the recently adopted 2018 City of Lomita Bicycle and Pedestrian Master Plan.

Additionally, the City was awarded a MSRC grant in the amount of \$6,250 for the lease/purchase an electric vehicle to replace more than 5,000 miles traveled per year using an older, more polluting gasoline engine with cleaner alternative fuel for parking enforcement.

Last but not least, the City was awarded a MSRC grant in the amount of \$24,000 to construct the Class II bike lanes along Walnut Avenue between 253rd and 257th Streets, near Fleming Middle School. The bike lanes are being installed in conjunction with a larger Public Works capital improvement project underway to replace a water main pipe, rehabilitate street pavement, and install ADA compliant curb ramps. The City anticipates construction completion by the end of September 2019.



The City of Lomita greatly appreciates the grant support it received from SCAQMD and MSRC, which enabled these projects and allows the City to deliver superior services and diversify fuel resources while improving air quality.

CITY OF LOMITA POKER TOURNAMENT ON OCTOBER 5



Do you love playing cards?

Do you love playing Texas Hold'em?

We are looking for players/sponsors to participate in our "Poker Tournament" fundraiser benefiting City of Lomita Recreation Programs. On Saturday, October 5, the City is hosting its first Poker Tournament at Lomita Park inside the Tom Rico Center gymnasium. We are seeking table sponsors (\$200) as well as tournament sponsors (\$500). A table sponsorship will receive two (2) entries into the tournament and a tournament sponsor will receive four (4) entries plus an extra \$1,000 in chips per person to start with. The entry fee is \$50 per person with an option to re-buy \$20 during the tournament. There will be raffle prizes and drinks for sale (no alcohol). The tournament will begin at 5:00 p.m. and end at approximately 10:00 p.m. Those interested can register online at www.lomita.com/cityhall or at the door.

Santa and the Polar Express at the Railroad Museum



Sunday, December 15, 2019
12:00 pm - 4:00 pm

Join us for a special reading of
The Polar Express and take pictures with Santa!

Purchase tickets, go to **EVENTS** at www.lomita-rr.org
Admission \$20 per family (6 person max)

Includes fun for kids of all ages: The Polar Express reading, take pictures with Santa, refreshments, games & arts/crafts for kids, balloon animals, face painter, model railroad display, free museum tours and live music!

Proceeds benefit our 2019 fundraising project, restoration of the 1913 Union Pacific Wooden Boxcar.
Businesses interested in donating for the event email lomita.rr.museum@gmail.com.

FOUNDATION: PO Box 1325, Lomita, CA 90717 lomita.rr.museum@gmail.com

MUSEUM

2137 West 250th, Lomita, CA 90717
Thursday - Sunday 10 am - 5 pm
lomitamuseumstaff@lomitacity.com
310-326-6255
www.lomita-rr.org



HALLOWEEN **AT LOMITA PARK**

24428 Eshelman Ave

OCTOBER 31ST 6:00PM-8:00PM

Contest for ages 2-under-15 years Carnival Games & Costume



- TOT
- YOUTH
- TEEN
- ADULT
- OLDER ADULT
- ▲ ALL AGES

DANCE/MUSIC

FITNESS



14

LOMITA PARK YOUTH YOUTH FOOTBALL AND COED VOLLEYBALL:

RESIDENTS:

August 15, 2019 at 9:00am

NON-RESIDENTS:

August 31, 2019 at 9:00am

SIGN-UPS FOR ALL OTHER CLASSES WILL BEGIN:

August 15, 2019 at 9:00am

All forms of payment accepted. Checks, Credit, Money orders, and Cash. Cash must be in exact amount. Check & Money orders should be payable to "City of Lomita."



FALL REGISTRATION:



SIGN UP ONLINE OR DOWNLOAD THE LOMITA PARKS & REC APP

<http://www.lomita.com/cityhall>
24 hours/7 days a week

IN PERSON

City of Lomita,
Parks and Recreation Dept.
24428 Eshelman Avenue
Lomita, CA 90717

**NEW HOURS : M-F 9:00am-8:00pm,
Sa 10:00am-2:00pm**

Registrations **are not accepted by mail or phone.**

REGISTRATION INFORMATION:

Proof of residency must be established at the time of registration. Lomita residents must supply one of the following documents:

- California Driver License or Identification Card (state issued)
- Current Utility Bill (less than 60 days old)

POLICIES:

If a class does not have the minimum number of participants registered prior to the start date, the class will be canceled.

AVOID DISAPPOINTMENTS REGISTER EARLY!

Participants are responsible for transportation to and from all program sites.

REFUNDS:

Refund Policy

No refunds will be given unless a Refund Request Form, along with your class registration confirmation, is received five (5) working days prior to first day of activity starting.

Approved requests will receive a credit towards a future class. All approved refunds will incur a 20 % administrative fee. If a class is canceled by the City of Lomita, a refund will be automatically granted. Refunds are for the activity fee only, does not include convenience fee. A Refund Request Form may be picked up at Lomita Park, 9:00 AM to 8:00 PM, Monday through Friday.



Click computer icon for the class you wish to sign-up for

DANCE/MUSIC



CARDIO SALSA DANCE-SESSION I

Location: Gymnasium at Lomita Recreation Center
Fee: Resident: \$26.00. Non-resident: \$28.00
Instructor: Roland Gutierrez

Ages: 18 and up
Cardio Salsa Dance Your Way To A Healthy Heart. Engage in an aerobic workout while learning the latest Latin Dances of Bachata, Cha Cha Cha, Merengue, Line Dancing and stretching are included and cool down to the great movement of Bachata. Wear comfortable shoes for dancing and bring a bottle water.

9000.51 W 10am to 11:15am Sep 11-Oct 30

CARDIO SALSA DANCE-SESSION II

Location: Gymnasium at Lomita Recreation Center
Fee: Resident: \$24.00. Non-resident: \$26.00
Instructor: Roland Gutierrez

Ages: 18 and up
Cardio Salsa Dance Your Way To A Healthy Heart. Engage in an aerobic workout while learning the latest Latin Dances of Bachata, Cha Cha Cha, Merengue, Line Dancing and stretching are included and cool down to the great movement of Bachata. Wear comfortable shoes for dancing and bring a bottle water.

9000.52 W 10am to 11:15am Nov 6- Dec 18

DANCE-POLYNESIAN DANCE

Location: Community Building at Lomita Recreation Center
Fee: Resident: \$60.00. Non-resident: \$65.00
Instructor: Regine Costello

Ages: 9 and up
Students will learn dances from Hawaii and Tahiti. Come join us for a great workout, meet new people, and have a great time! No class Sept 28th and Nov 30th.

9000.47 Sa 11am to Noon Sep 21-Dec 7

DANCE-BELLY DANCING

Location: Community Building at Lomita Recreation Center
Fee: Resident: \$60.00. Non-resident: \$65.00
Instructor: Regine Costello

Ages: 10 and up
Learn this ancient art, develop a flexible, firm body and have fun. Technique and routines will be taught. Veil and hip scarf are optional. No Class November 27th.

9000.09 W 6:30pm to 7:20pm Sep 25-Dec 4

DANCE-MEXICAN FOLKLORICO

Location: Community Building at Lomita Recreation Center
Fee: Resident: \$60.00. Non-resident: \$65.00
Instructor: Regine Costello

Ages: 7 and up
Students will learn existing dances from the different regions of Mexico-Jalisco, Chiapas, Oaxca, and Veracruz. Routines will begin the first day of class. No Class Sept 28th and November 30th.

9000.10 Sa 10am to 11am Sep 21-Dec 7

DANCE-BALLET, TAP, AND TUMBLING

Location: Community Building at Lomita Recreation Center
Fee: Resident: \$55.00. Non-resident: \$60.00
Instructor: Regine Costello

Ages: 5-9
Students will learn basic technique and combination in this fun-filled class combining, ballet, tap, and tumbling. *Prerequisite: Must have 1 year pre-ballet experience and teachers approval * No Class Sept 28th and Nov 30th.

9000.01 Sa 9am to 10am Sep 21-Dec 7

DANCE-HIP HOP 4-7

Location: Community Building at Lomita Recreation Center
Fee: Resident: \$53.00. Non-resident: \$58.00
Instructor: Regine Costello

Ages: 4-7
This upbeat class is for dancers wanting to explore the dynamic and extremely rhythmic style of hip hop dance. Come dance to today's hottest tunes. The class consists of age appropriate movements and music. No Class November 11th.

9000.02 M 4:30pm to 5pm Sep 23-Dec 2

DANCE-HIP HOP 8-13

Location: Community Building at Lomita Recreation Center
Fee: Resident: \$53.00. Non-resident: \$58.00
Instructor: Regine Costello

Ages: 8-13
This upbeat class is for dancers wanting to explore the dynamic and extremely rhythmic style of hip hop dance. Come dance to today's hottest tunes. The class consists of age appropriate movements and music. No Class on November 27th.

9000.03 W 5:30pm to 6:20pm Sep 23-Dec 4

DANCE-MUSICAL THEATRE AGES 6-9

Location: Community Building at Lomita Recreation Center
Fee: Resident: \$53.00. Non-resident: \$58.00
Instructor: Regine Costello

Ages: 6-9
This fun filled class will teach kids all of the elements they will need for a future in musical theatre. The class will help student develop their skills in acting, dancing, and singing. Everyone will have a great time learning how to perform favorite sense from movies, plays, and TV. This class will encourage students to develop their creativity, as well as boost their self-confidence. No class November 27th.

9000.04 Wed 4:30pm to 5:15pm Sep 25-Dec 4

DANCE-PRE-BALLET 3-4

Location: Community Building at Lomita Recreation Center
Fee: Resident: \$53.00. Non-resident: \$58.00
Instructor: Regine Costello

Ages: 3-4
Students will learn the basic steps and elementary techniques of ballet and apply what they've learn to fun creative dances. No Class November 11th & November 27th.

9000.06 Mon 3:45pm to 4:15pm Sep 23-Dec 2

9000.07 Wed 3:45pm to 4:15pm Sep 25-Dec 4

DANCE-PRE-BALLET 4-6

Location: Community Building at Lomita Recreation Center
Fee: Resident: \$53.00. Non-resident: \$58.00
Instructor: Regine Costello

Ages: 4-6
Students will learn the basic steps and elementary techniques of ballet and apply what they've learn to fun creative dances. No Class November 29th.

9000.08 Fri 3:45pm to 4:15pm Sep 27-Dec 6

**CHECK OUT
OCTOBERFEST
PAGE 19**

FITNESS



BRIT WEST SOCCER TINY PROS

(PARENT & ME)

Location: Softball Diamond at Lomita Recreation Center
Fee: Resident: \$138.00. Non-resident: \$150.00
Instructor: Brit West Soccer

Ages: 2-3.5
Parents participate in their child's first steps in physical fitness. Age appropriate soccer curriculum, focusing on kicking and shooting the ball, is taught through fun and playful games. We aim to instill our little team with a sense of confidence, coordination, friendship, and a love of soccer!

9000.30 Sa 9am to 9:45am Sep 14-Nov 2

BRIT WEST SOCCER TINY PROS

(AGES: 3.5-5)

Location: Softball Diamond at Lomita Recreation Center
Fee: Resident: \$138.00. Non-resident: \$150.00
Instructor: Brit West Soccer

Ages: 3.5-5
Athletes will develop dribbling, passing, turning and shooting through fun games! They will learn technique and agility and how to apply these skills into the game situation. We also introduce basic soccer rules and terms. Our age appropriate curriculum provides a sound base for progression to playing on a team. For more info www.britwestsoccer.com

9000.31 Sa 10am to 10:45am Sep 14-Nov 2

BRIT WEST SOCCER TINY PROS

(AGES: 5-7)

Location: Softball Diamond at Lomita Recreation Center
Fee: Resident: \$138.00. Non-resident: \$150.00
Instructor: Brit West Soccer

Ages: 5-7
Athletes will develop dribbling, passing, turning and shooting through small group practices. We also introduce basic soccer rules and terms. Each session ends with a small sided soccer game to put learned skills into the game situation and develop positional play.

9000.32 Sa 11am to 11:45am Sep 14-Nov 2

GYMNASTICS 3-5

Location: South End Health Club at Lomita Recreation Center
Fee: Resident: \$131.00. Non-resident: \$142.00
Instructor: Michi Yamato

Ages: 3-5
Your child will learn basic gymnastics techniques such as balance, somersault, cart wheel. Hand stands, for hand springs and backbend for backhand springs, This training is good for school activities as well. Location: South End Health Club 2800 Skypark Dr. Torrance, Ca. 90505

9000.43 Wed 5:15pm to 6:00pm Sep 4-Nov 27

GYMNASTICS 5-8

Location: South End Health Club at Lomita Recreation Center
Fee: Resident: \$131.00. Non-resident: \$142.00
Instructor: Michi Yamato

Ages: 5-8
Your child will learn basic gymnastics techniques such as balance, somersault, cart wheel. Hand stands, for hand springs and backbend for backhand springs, This training is good for school activities as well. Location: South End Health Club 2800 Skypark Dr. Torrance, Ca. 90505. No class November 28th

9000.29 Wed 6:15pm to 7:00pm Sep 4-Nov -27

9000.44 Th 5:30pm to 6:15pm Sep 5-Dec 5

Fall Recreational & Leisure Activities

- TOT
- YOUTH
- TEEN
- ADULT
- OLDER ADULT
- ▲ ALL AGES

FITNESS

COOKING

SPORTS



16

KOREAN KARATE-LITTLE DRAGONS (CONT'D)

that a child will need to better themselves as individuals. Help your child develop that "I CAN" attitude by joining the Little Dragons martial arts program. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.01	Tu	5pm to 5:45pm	Sep 3-Oct 29
9001.09	Tu	5pm to 5:45pm	Nov 5-Dec 17

KOREAN KARATE-LITTLE DRAGONS

Location: Community Building at Lomita Recreation Center
 Fee: Resident: \$46.00. Non-resident: \$50.00
 Instructor: Master Duncages: 5-11

The Little Dragons class is designed to introduce children to martial arts and the concepts and skills they will need to excel both in Soo Bahk Do and in life. The training, while consisting of basic self-defense techniques, focuses mainly on the coordination, motor skills and character development that a child will need to better themselves as individuals. Help your child develop that "I CAN" attitude by joining the Little Dragons martial arts program. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.02	Th	5pm to 5:45pm	Sep 5-Oct 24
9001.10	Th	5pm to 5:45pm	Nov 7-Dec 19

KOREAN KARATE-LITTLE DRAGONS

TUE/THUR

Location: Community Building at Lomita Recreation Center
 Fee: Resident: \$70.00. Non-resident: \$76.00
 Instructor: Master Duncan
 Ages: 5-11

The Little Dragons class is designed to introduce children to martial arts and the concepts and skills they will need to excel both in Soo Bahk Do and in life. The training, while consisting of basic self-defense techniques, focuses mainly on the coordination, motor skills and character development that a child will need to better themselves as individuals. Help your child develop that "I CAN" attitude by joining the Little Dragons martial arts program. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.03	Tu/Th	5pm to 5:45pm	Sep 3-Oct 29
9001.11	Tu/Th	5pm to 5:45pm	Nov 5-Dec 19

TGA COMPETITIVE CHEER 7-10

Location: Picnic Shelter-West at Lomita Recreation Center
 Fee: Resident: \$125.00. Non-resident: \$136.00
 Instructor: TGA Premier Sports
 Ages: 7-10

Join our award-winning cheer team! Our 10-Week program includes stunts, tumbling and choreography, and an end of season Sharp International Cheerleading Competition. TGA Competitive Cheerleading is open to students of all skill levels and features 15 hours of professional instruction and a pizza party awards banquet. Weekly attendance and Saturday, December 7th competition is mandatory. \$100.00 uniform fee not included with registration. Uniform fundraising and financial aid is available. For more info and financial aid applications call (310) 987-1667 or email: kiara@playtga.com. Please visit us at: PlayTGA.com/beachcities No class November 1st and November 29th.

9000.23	F	4:30pm to 6pm	Sep 20-Dec 6
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TGA COMPETITIVE CHEER 11-15

Location: Picnic Shelter-West at Lomita Recreation Center
 Fee: Resident: \$125.00. Non-resident: \$136.00
 Instructor: TGA Premier Sports
 Ages: 11-15

Join our award winning cheer team! Our 10 week program includes stunts, tumbling and choreography, and an end of the season Sharp international Cheerleading Competition. TGA Competitive Cheerleading is open

TGA COMPETITIVE CHEER 11-15 (CONT'D)

to students of all skill levels and features 15 hours of professional instruction and a pizza party awards banquet. Weekly attendance and Saturday, December 7th competition is mandatory. \$100.00 uniform fee not included with registration. Uniform fundraising and financial aid is available. For more info and financial aid applications call (310) 987-1667 or email: kiara@playtga.com. Please visit us at PlayTGA.com/beachcities No class November 1st and November 29th.

9000.22	F	4:30pm to 6pm	Sep 20-Dec 6
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TGA PREMIER JUNIOR GOLF

Location: Softball Diamond-Outfield at Lomita Recreation Center
 Fee: Resident: \$50.00. Non-resident: \$70.00
 Instructor: TGA Premier Sports
 Ages: 5-15

TGA Premier Junior Golf brings the golf course to your park! Our national, award winning, five level program focuses on safety and having fun while instilling self-confidence and life values through professional golf instruction. Students learn the fundamentals, etiquette and rules of the game. Quality TGA junior golf clubs are provided. All participants receive a hat and advancement award. For more info call: (310) 347-7342 or email: michelle@playtga.com Please visit us at: PlayTGA.com/beachcities No class Oct 31st

9000.20	Th	4:30pm to 5:30pm	Oct 3-Nov 14
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TGA PREMIER YOUTH TENNIS

Location: Tennis Courts-North at Lomita Recreation Center
 Fee: Resident: \$70.00. Non-resident: \$76.00
 Instructor: TGA Premier Sports
 Ages: 5-15

TGA Premier Youth Tennis brings the USTA's national tennis program to your park! Our national, award winning, five level program focuses on safety and having fun while instilling self-confidence and life values through professional tennis instruction. Students learn the fundamentals, etiquette and rules of the game. Quality TGA youth tennis racquets are provided. All participants receive a hat and advancement award. For more info call (310) 347-7342 or email: michelle@playtga.com Please visit us at: PlayTGA.com/beachcities

9000.21	Tu	4pm to 5pm	Oct 1-Nov 5
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COOKING

YOUTH CAKE DECORATING CLASS

Location: Stephenson Center
 Fee: Resident: \$115.00. Non-resident: \$125.00
 Ages: At least 6 but less than 17

Learn & have fun decorating cupcakes, cakepops, cookies and rice krispies treat with marshmallow fondant toppers using different decorating tools. Students will learn to roll, cut, and shape all creative characters to add on their goodies to bring home every week to share with friends & family. All materials & supplies provided.

9000.38	W	3:30pm to 4:30pm	Sep 4-Sep 25
9000.39	W	3:30pm to 4:30pm	Oct 30-Nov 20

SPORTS

FLAG FOOTBALL DIV. 1 12-14

Location: Beverly Belba Field at Lomita Recreation Center
 Fee: Resident: \$45.00. Non-resident: \$60.00
 Ages: 12-14

Player Evaluations: Saturday September 14th at 1:00 pm. Players are to be present at 12:45pm. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on

FLAG FOOTBALL DIV. 1 12-14 (CONT'D)
 prior to Monday September 16th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Rubber cleated shoes, athletic pants or shorts. All players will receive a uniform t-shirt.

9000.33 Sep 16-Dec 7

FLAG FOOTBALL DIV. 2 9-11

Location: Beverly Belba Field at Lomita Recreation Center
 Fee: Resident: \$45.00. Non-resident: \$60.00
 Ages: 9-11
 Player Evaluations: Friday September 13th at 6:30pm. Players are to be present at 6:15pm. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Monday September 16th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Rubber cleated shoes, athletic pants or shorts. All players will receive a uniform t-shirt.

9000.34 Sep 16-Dec 7

FLAG FOOTBALL DIV. 3 6-8

Location: Beverly Belba Field at Lomita Recreation Center
 Fee: Resident: \$45.00. Non-resident: \$60.00
 Ages: 6-8
 Player Evaluations: Thursday September 12th at 6:30pm. Players are to be present at 6:15pm. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Monday September 16th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Rubber cleated shoes, athletic pants or shorts. All players will receive a uniform t-shirt.

9000.35 Sep 16-Dec 7

VOLLEYBALL DIV. 1 12-14

Location: Gymnasium at Lomita Recreation Center
 Fee: Resident: \$45.00. Non-resident: \$60.00
 Ages: 12-14
 Player Evaluations: Saturday September 14th at 10:00 am. Players are to be present at 9:45 am. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Monday September 16th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Athletic shoes and knee pads. All players will receive a uniform t-shirt.

9000.36 Sep 16-Dec 7

VOLLEYBALL DIV. 2 9-11

Location: Gymnasium at Lomita Recreation Center
 Fee: Resident: \$45.00. Non-resident: \$60.00
 Ages: 9-11
 Player Evaluations: Friday September 13th at 4:00pm. Players are to be present at 3:45p. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Monday September 16th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Athletic shoes and knee pads. All players will receive a uniform t-shirt.

9000.55 Sep 16-Dec 7

VOLLEYBALL DIV. 3 6-8

Location: Gymnasium at Lomita Recreation Center
 Fee: Resident: \$45.00. Non-resident: \$60.00
 Ages: 6-8
 Player Evaluations: Thursday September 12th at 4:00 pm. Players are to be present at 3:45 pm. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Monday September 16th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Athletic shoes and knee pads. All players will receive a uniform t-shirt.

9000.37 Sep 16-Dec 7

FITNESS

KOREAN KARATE-BEGINNING

Location: Community Building at Lomita Recreation Center
 Fee: Resident: \$70.00. Non-resident: \$76.00
 Instructor: Master Duncan
 Ages: 12 and up
 Soo Bahk Do is a Traditional Korean Martial Arts program that focuses on effective self-defense techniques as well as the cultivation of the mind and body. Through training in Soo Bahk Do you will help boost self-confidence, improve fitness, relieve stress and push yourself to new limits. Soo Bahk Do training is great for anyone and works at a level that pushes your limits no matter your physical condition. Classes are available for both beginning and advanced levels. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.05 Tu/Th 6pm to 7pm Sep 3-Oct 29
 9001.13 Tu/Th 6pm to 7pm Nov 5-Dec 19

KOREAN KARATE-ADVANCED

Location: Community Building at Lomita Recreation Center
 Fee: Resident: \$70.00. Non-resident: \$76.00
 Instructor: Master Duncan
 Ages: 12 and up
 Soo Bahk Do is a Traditional Korean Martial Arts program that focuses on effective self-defense techniques as well as the cultivation of the mind and body. Through training in Soo Bahk Do you will help boost self-confidence, improve fitness, relieve stress and push yourself to new limits. Soo Bahk Do training is great for anyone and works at a level that pushes your limits no matter your physical condition. Classes are available for both beginning and advanced levels. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.06 Tu/Th 7pm to 8pm Sep 3-Oct 29
 9001.14 Tu/Th 7pm to 8pm Nov 5-Dec 19

KOREAN KARATE-BLACK BELT-FRIDAY

Location: Community Building at Lomita Recreation Center
 Fee: Resident: \$88.00. Non-resident: \$96.00
 Instructor: Master Duncan
 Ages: 11 and up
 Soo Bahk Do is a Traditional Korean Martial Arts program that focuses on effective self-defense techniques as well as the cultivation of the mind and body. Through training in Soo Bahk Do you will help boost self-confidence, improve fitness, relieve stress and push yourself to new limits. Soo Bahk Do training is great for anyone and works at a level that pushes your limits no matter your physical condition. Classes are available for both beginning and advanced levels. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.07 F 6pm to 7pm Sep 6-Oct 25
 9001.15 F 6pm to 7pm Nov 1-Dec 20

SUNRISE YOGA WEDNESDAY'S

Location: Community Building at Lomita Recreation Center
 Fee: Resident: \$66.00. Non-resident: \$72.00
 Instructor: Eden Serina
 Ages: 18 and up
 Sunrise Yoga creates a flow of movement that will increase strength and flexibility, and energizing you Sunrise Yoga Wednesday's (cont'd) for the rest of your day. Please bring a yoga mat and water bottle.

9000.26 W 9am to 9:50am Oct 9-Dec 18

SUNSET YOGA

Location: Stephenson Center at Lomita Recreation Center
 Fee: Resident: \$76.00. Non-resident: \$83.00
 Instructor: Eden Serina
 Ages: 18 and up
 Sunset Yoga class creates a flow of movement that will increase strength and flexibility, and help you unwind from your day. Please bring a yoga mat and water bottle.

9000.24 M 5pm to 6pm Oct 7-Dec 16
 9000.28 W 5pm to 6pm Oct 9-Dec 18

ZUMBA

Location: Community Building at Lomita Recreation Center
 Fee: Resident: \$67.00. Non-resident: \$73.00
 Instructor: Nicole Reavis
 Ages: 18 and up
 A Latin-inspired dance-fitness class that tones and sculpts the body while having fun as you move! Athletic shoes required. Bring a water bottle. For questions please call (310) 733-8966 , No Class Nov 11th

9000.46 M 5:15pm to 6:15pm Sep 9-Dec 2

SPORTS

BADMINTON

Location: Gymnasium at Lomita Recreation Center
 Fee: Standard charge: \$10.00
 Ages: 18 and up
 Come enjoy a couple rounds of Badminton twice a week. It is a great way to meet new people and stay active. No class Nov 21st, Nov 28th, Dec 24th, Dec 26th, and Dec 31st.

9000.73 10:45am to 1:45pm Oct 31st-Jan 9

FITNESS

GENTLE YOGA-TUESDAY & FRIDAY

Location: Community Building at Lomita Recreation Center
 Fee: Resident: \$60.00. Non-resident: \$65.00
 Instructor: Sharmone La Rose
 Ages: 18 and up
 This Yoga class is designed for the beginner and those who would benefit from a slower pace. Learn basic postures for strength and agility. Gentle stretching exercises are included for building flexibility. Breathing and relaxation techniques help improve focus and concentration. No class Oct 11th, 15th, and Nov 29th.

9000.48 Tue/F 10:30am to Noon Sep 10-Dec 3

SENIOR MUSCLE STRENGTHENING-TUESDAY'S

Location: Gymnasium at Lomita Recreation Center
 Fee: Resident: \$15.00. Non-resident: \$16.00
 Instructor: Randy Okuda
 Ages: 55 and up
 Come and learn correct, safe techniques for strengthening your upper and lower body using flexible exercise bands. Warm-Up, cool-down and stretching. Participants can purchase required exercise band at 1st class for \$10.

9000.53 Tu 10am to 10:40am Sep 10-Oct 29

Fall Recreational & Leisure Activities

- TOT
- YOUTH
- TEEN
- ADULT
- OLDER ADULT
- ▲ ALL AGES

FITNESS

ACTIVITIES



18

SENIOR MUSCLE STRENGTHENING-SESSION II THURSDAY'S

Location: Gymnasium at Lomita Recreation Center
 Fee: Resident: \$5.00. Non-resident: \$6.00
 Instructor: Randy Okuda
 Ages: 55 and up
 Come and learn correct, safe techniques for strengthening your upper and lower body using flexible exercise bands. Warm-Up, cool-down and stretching. Participants can purchase required exercise band at 1st class for \$10. No class Nov 21st and Nov 28th

9000.42 Th 10am to 10:40am Nov 14-Dec 12

SENIOR-CHAIR YOGA

Location: Community Building at Lomita Recreation Center
 Fee: Resident: \$66.00. Non-resident: \$72.00
 Instructor: Eden Serina
 Ages: 50 and up
 Students will increase flexibility and improve balance and strength through seated and standing yoga poses. No poses will be on the floor, and chairs will be provided. Athletic shoes required. Please bring a water bottle.

9000.25 M 10am to 10:50am Oct 7-Dec 16

SENIOR-MOBILITY, MEMORY, & MINDFULNESS

Location: Community Building at Lomita Recreation Center
 Fee: Resident: \$76.00. Non-resident: \$83.00
 Instructor: Eden Serina
 Ages: 50 and up
 Mobility, Memory and Mindfulness is a unique wellness class that enhances physical, mental, and emotional wellbeing. Each class includes mobility exercises focused on balance, brain games for improving cognitive function and memory, and mindfulness meditation for stress reduction and ultimate relaxation. This class is open to all fitness levels, and athletic attire is suggested.

9000.27 W 10am to 11am Oct 9-Dec 18

ACTIVITIES

LOMITA "GOOD TIMERS" SENIOR CITIZEN CLUB

Location: Community Building at Lomita Recreation Center
 Time: Every Thursday's 11:30am-3:30pm
 Open to All Lomita and nearby City residents! Drop in any Thursday, for Bingo, Raffles, and other fun activities. Come on down and join the fun! No Bingo November 21st. For more information please call Vicki at (310) 890-1831

DOG OBEDIENCE



DOG OBEDIENCE-PUPPY MANNERS & DEVELOPMENT

Location: Outside Basketball Court-North at Lomita Recreation Center
 Fee: Resident: \$92.00. Non-resident: \$100.00
 Instructor: Ethel Mercer and Jerriane Rousseau
 Ages: Less than 6 mos
 This class is designed to give you and your puppy a great start in the world by working on confidence-building, manners and socialization. At the start of the session puppies should be between the ages of 9 weeks to 6 months for most breeds. Exceptions may be made for older puppies smaller than 10 pounds or tiny adult dogs. Owners are to provide proof of shots at initial class meeting. This is a 6 week session. Questions, please call Ethel Mercer (310) 326-3266

9000.11 Wed 6:30pm to 7:30pm Sep 4- Oct 9
 9000.86 Wed 6:30pm to 7:30pm Oct 30-Dec 4

DOG OBEDIENCE-BEGINNING MORNING

Location: Parking Lot-North at Lomita Recreation Center
 Fee: Resident: \$92.00. Non-resident: \$100.00
 Instructor: Ethel Mercer and Carolyn Peter
 Ages: 6 mos. and up
 This class is designed to help you teach your dog the behaviors, skills and manners they need to become a good companion. You will learn and practice training techniques based on positive reinforcement, including marking desired behavior, verbal praise and treats. Owners must provide proof of shots at initial class meeting. This is a 6 week course. Questions, please call Ethel Mercer (310) 326-3266

9000.13 Wed 10:15am to 11:15am Sep 4-Oct 9
 9000.88 Wed 10:15am to 11:15am Oct 30-Dec 4

DOG OBEDIENCE-BEGINNING EVENING

Location: Outside Basketball Court-North at Lomita Recreation Center
 Fee: Resident: \$92.00. Non-resident: \$100.00
 Instructor: Jack Thourot
 Ages: 6 mos. and up
 This class is designed to help you teach your dog the behaviors, skills and manners they need to become a good companion. You will learn and practice training techniques based on positive reinforcement, including marking desired behavior, verbal praise and treats. Owners must provide proof of shots at initial class meeting. This is a 6 week course. Question, please call Michele & Jack (310) 377-2729

9000.87 Tue 7pm to 8pm Sep 3-Oct 8
 9000.85 Tue 7pm to 8pm Oct 29-Dec 3

DOG OBEDIENCE-INTERMEDIATE MORNING

Location: Parking Lot-North at Lomita Recreation Center
 Fee: Resident: \$92.00. Non-resident: \$100.00
 Instructor: Jack Thourot
 Ages: 6 mos. and up
 This class is designed to help advance your training skills and take your dog's accomplishments to a higher level. This is a perfect prep class for taking AKC Canine Good Citizen test. It's also a great foundation class for those considering other competitive dog sports. Your dogs need to have completed and excelled in the Beginning obedience training class or you will have to make prior agreements with the instructor. This is a 6 week course. Owners are to provide proof of shots at initial class meeting. Questions please call Jack Thourot 310.377.2729

9000.90 Wed 9am to 10am Sep 4-Oct 9
 9000.15 Wed 9am to 10am Oct 30-Dec 4

DOG OBEDIENCE-INTERMEDIATE EVENING

Location: Parking Lot-North at Lomita Recreation Center
 Fee: Resident: \$92.00. Non-resident: \$100.00
 Instructor: Ethel Mercer
 Ages: 6 mos. And up
 This class is designed to help advance your training skills and take your dog's accomplishments to a higher level. This is a perfect prep class for taking AKC Canine Good Citizen test. It's also a great foundation class for those considering other competitive dog sports. Your dogs need to have completed and excelled in the Beginning Companion Dog training class or you will have to make prior agreements with the instructor. Owners are to provide proof of shots at initial class meeting. This is a 6 week course. Questions please call Ethel Mercer (310) 326-3266

9000.89 Tue 7pm to 8pm Sep 3- Oct 8
 9000.96 Tue 7pm to 8pm Oct 29-Dec 3

FITNESS



SENIOR MUSCLE STRENGTHENING-THURSDAY'S

Location: Gymnasium at Lomita Recreation Center
 Fee: Resident: \$15.00. Non-resident: \$16.00
 Instructor: Randy Okuda
 Ages: 55 and up
 Come and learn correct, safe techniques for strengthening your upper and lower body using flexible exercise bands. Warm-Up, cool-down and stretching. Participants can purchase required exercise band at 1st class for \$10.

9000.54 Th 10am to 10:40am Sep 12-Oct 31

SENIOR MUSCLE STRENGTHENING SESSION II TUESDAY'S

Location: Gymnasium at Lomita Recreation Center
 Fee: Resident: \$7.00. Non-resident: \$8.00
 Instructor: Randy Okuda
 Ages: 55 and up
 Come and learn correct, safe techniques for strengthening your upper and lower body using flexible exercise bands. Warm-Up, cool-down and stretching. Participants can purchase required exercise band at 1st class for \$10.

9000.41 Tu 10am to 10:40am Nov 12-Dec 3



Click computer icon for the class you wish to sign-up for

DOG OBEDIENCE-ADVANCE MORNING

Location: Parking Lot-North at Lomita Recreation Center
 Fee: Resident: \$92.00. Non-resident: \$100.00
 Instructor: Jack Thourot
 Ages: 6 mos. and up
 This class is geared for people/dogs who already possess a solid obedience foundation and who have successfully mastered the skills taught in our Intermediate class or a similar class. The focus is on developing skills needed for advanced obedience work, including competition heeling, fronts and finishes, recall, stand, group exercises, and additional skills depending on class need and interest. Owners must provide proof of shots at initial class meeting. This is a 6 week session. Questions please call Jack Thourot (310) 377-2729.

9000.92 W 7:45am to 8:45am Sep 4-Oct 9
 9000.93 W 7:45am to 8:45am Oct 30-Dec 4

DOG OBEDIENCE-TRACKING

Location: Parking Lot-North at Lomita Recreation Center
 Fee: Resident: \$92.00. Non-resident: \$100.00
 Instructor: Vita Allison
 Ages: 6 mos. and up
 This Tracking class is geared, for dogs where dogs will be taught to follow a scented path left by a person or other animal. Owners must provide proof of shots at initial class meeting. This is a 5 week session. Questions please call Vita Allison. For any questions please call (562) 484-8049.

9000.14 Wed 7pm to 8pm Sep 4-Oct 2
 9000.56 Wed 7pm to 8pm Oct 30-Nov 27

DOG OBEDIENCE- DOG TRICKS

Location: Parking Lot-North at Lomita Recreation Center
 Fee: Resident: \$92.00. Non-resident: \$100.00
 Instructor: Ethel Mercer
 Ages: 6 mos. and up
 This class, taught by our certified Trick Dog instructor, will introduce you and your dog to more than 30 tricks. If you would like you can earn AKC tricks titles with your dog. This is a 4 week session. Questions, please call Ethel Mercer at (310) 326-3266.

9000.91 Tue 5:45pm to 6:45pm Nov 5-Nov 26
 9000.94 Tue 5:45pm to 6:45pm Sep 10-Oct 1



The Lomita Railroad Museum
October Fest
 at the Lomita/Harbor City Kiwanis Hall
 24822 Narbonne Avenue, Lomita, CA 90717



Saturday, October 12, 2019
6:00 pm - 9:00 pm

Join friends & neighbors for a fun evening in support of the Lomita Railroad Museum!

**Purchase tickets, go to EVENTS at www.lomita-rr.org
 \$40 per person (\$45 at the door)
 Includes 2 drink tickets and refreshments**

Enjoy tasting locally brewed craft beers, fine wines, cocktails and delicious alcohol free drinks, accompanied by fine foods, dancing and live music.

Proceeds benefit our 2019 fundraising project, restoration of the 1913 Union Pacific Wooden Boxcar.
 Businesses interested in donating for the event email lomita.rr.museum@gmail.com.

FOUNDATION: PO Box 1325, Lomita, CA 90717 lomita.rr.museum@gmail.com

MUSEUM
 2137 West 250th, Lomita, CA 90717
 Thursday - Sunday 10 am - 5 pm
lomitamuseumstaff@lomitacity.com
 310-326-6255
www.lomita-rr.org





Lomita Community Education
24300 Narbonne Ave • Lomita, CA 90717

NON-PROFIT ORG
U.S. POSTAGE
PAID
PERMIT NO. 3100
TORRANCE, CA
ECR-WSS

CURRENT RESIDENT

City Hall and Community Contacts

Lomita City Hall
(310) 325-7110

Library
(310) 539-4515

Lomita Sheriff Station
(310) 539-1661

Lomita Park
(310) 326-0140

Railroad Museum
(310) 326-6255

**Public Works
Water, Street, & Trees**
(325) 7110 ext. 155

Water Emergencies
(310) 597-6428

Street & Tree Emergencies
(310) 597-6429

**Emergency Park
Maintenance**
(310) 597-6430

Animal Control
(310) 523-9566

Rubbish Collection (CalMet)
(310) 212-3496

Graffiti
(310) 325-7110 ext 156

**Emergency Numbers
Dial 911**

Sheriff, Fire, Paramedics,
Ambulance

Sheriff Complaints
(800) 698-8255

Lomita Post Office
(310) 326-8280

Lomita Chamber of Commerce
(424) 378-7111

For more information, please
view our webpage at
www.lomita.com/cityhall

HOUSEHOLD HAZARDOUS WASTE AND E-WASTE ROUNDUP

The Los Angeles County Sanitation District will host a Household Hazardous Waste and E-Waste Roundup at the City Hall parking lot (24300 Narbonne Avenue) on Saturday, November 23, 2019 from 9:00 a.m. to 3:00 p.m. The program gives Los Angeles County residents a legal and cost free way to dispose of unwanted household chemicals that cannot be disposed of in the regular trash. Improper disposal of certain materials pollutes the environment and endangers public health and wildlife.

WHAT YOU CAN BRING TO THE EVENT:

- Motor oil, antifreeze, paint, paint thinner
- Turpentine, cleaners with acids or lye
- Pesticides and herbicides
- Household and car batteries
- Old computers and television sets
- Sharps or used needles
- Expired pharmaceuticals and mercury thermometers

WHAT YOU CANNOT BRING TO THE EVENT:

- Explosives, ammunition or radioactive materials
- Waste from businesses; Only household waste will be accepted
- Trash or old tires
- White goods such as washers, stoves, refrigerators or air conditioners

HOW TO PREPARE:

- There is a limit of 15 gallons or 125 lbs. per vehicle
- Bring items in a sturdy box, preferably in their original labeled containers
- Be prepared to leave your containers
- Do not mix products together

For more information, contact the Los Angeles County Sanitation District at 1(888) CLEAN LA or visit www.CleanLA.com.