

## LOMITA CITY COUNCIL

Mayor Mark Waronek

Mayor Pro Tem Michael Savidan

Councilmember James Gazelev

**Councilmember** Henry Sanchez, Jr.

Councilmember Ben Traina

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# COMMUNITY EMERGENCY RESPONSE TEAM

## Lomita Community Emergency Response Team (CERT)

#### **UPCOMING EVENTS**

Lomita CERT is a volunteer program for residents and business people who are trained to assist themselves, their families, their neighbors, and the City in the event of a major emergency or disaster.

#### Lomita CERT has two exciting upcoming events:

- CERT Informational Meeting August 24, 2017, 7 p.m. 9 p.m. at Lomita City Hall
  - Open to all CERT-Trained residents
  - Get an update on the activities of the Lomita CERT Committee and learn about the future of Lomita CERT
  - Presentation by LA County Sheriff's Department on how to respond in an Active Shooter Situation
  - Refreshments provided!
- ► Lomita CERT Exercise October 14, 2017, 9 a.m. 12 p.m.,

Lomita City Hall Parking Lot

- Open to all CERT-Trained residents
- Brush up on all the skills you learned during the CERT course
  - Fire Suppression
  - Triage
  - First Aid
  - Utility Shut Off

For more information, please contact Laura Vander Neut at (310) 325-7110 x151 or l.vanderneut@lomitacity.com. If you plan on attending either of the events, please RSVP to Laura Vander Neut at least one week prior to the event.



# WATERWISE GARDEN PROGRAM

The City would like to recognize this gorgeous Waterwise garden belonging to City resident Delia Garcia. Delia was inspired to restore her front yard to a more Californiafriendly garden using recycled materials and Waterwise plants and methods. The garden features a mix of beautiful plants including pink rock purslane, velvety kangaroo paws, lavender, and fruit trees.

The City of Lomita would like to recognize the water conservation efforts of Lomita residents here in the Lomita Newsletter. If your property has a Waterwise front yard it may deserve special recognition!

#### WATERWISE GARDENS HAVE:

- More plants than grass
- Property requires little to no watering
- Plants are perennial, native or drought-tolerant species
- Use of rotating sprinkler heads, bubblers, or drip lines

If you have a garden that may fit the above description, please submit your name, address and contact information to d.ward@lomitacity.com. Before and after pictures would be appreciated. Those recognized will be awarded with an ornamental garden plaque and recognition in the City newsletter. If you are given recognition you will become an example to follow for other residents who want to make this landscape transition. We look forward to receiving your application. For more information and the Waterwise Landscape Recognition Application Form, please visit: http://www.gogreenlomita.com/garden-program.php.



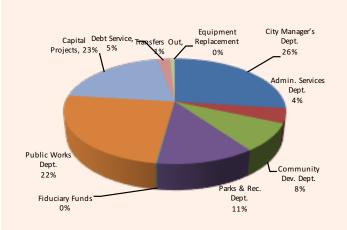
# **City Council Adopts Fiscal Year 2017-18 Budget**

The City Council adopted a \$20.3 million structurally balanced budget for the 2017-2018 fiscal year beginning July 1, 2017. The budget reflects the City Council's priority to focus on quality programs and infrastructure investments for the benefit of Lomita residents and businesses.

#### **BUDGET HIGHLIGHTS**

- The City maintains a \$4 million General Fund Reserve (i.e. "rainy day fund").
- The budget includes several important Capital Improvement Projects that will improve the condition of our street and water systems.

## **EXPENDITURE SUMMARY**



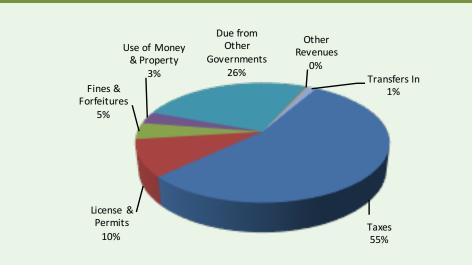
**Expenditures by Department** 

# General Fund Operating Budget \$8,713,869 Water Enterprise Fund Budget \$5,532,383 Capital Improvement Budget \$4,061,948 All Other Funds Budget \$1,982,391 Total Budget \$20,290,591

#### SUMMARY OF MAJOR INCREASED/ DECREASED GENERAL FUND EXPENDITURES

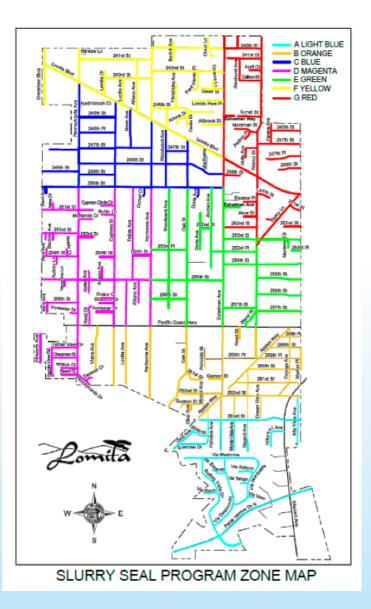
- Increase in LA County Sheriff's contract cost by \$129,469.
- Increase in CalPERS cost by \$115,889.
- Decrease in CJPIA Liability Insurance by \$182,206.

## **GENERAL FUND REVENUES**



## **City of Lomita Newsletter**

# FY 2017-2018 CAPITAL IMPROVEMENT PROJECTS



## **Street Improvements**

#### 2017 SLURRY SEAL PROGRAM

Continuing the efforts from last year, the City Council has established a goal to slurry seal all streets in the City within the next several years. Slurry seal is an efficient method to improve the ride quality of City streets while prolonging their usable life, resulting in both a safer drive and long-term taxpayer savings. To implement the program, the City has been divided into seven street improvement zones. The street maintenance program envisions ongoing street improvements where every street in the City is addressed every seven years.

In Fall 2016, the City implemented the program in three of the seven zones (Zones B, D and E). In 2017, the City will be slurry sealing all streets within Zone A. Funding for the project will come from the City's Street Improvement Fund—a special fund created by the Council dedicated to street maintenance. Some areas may have been recently rehabilitated, are in need of more intensive repair, or will be included with water main replacement projects in the near future and are therefore excluded from the current round of improvements.

# 250TH STREET PAVEMENT REHABILITATION & WALNUT STREET PAVEMENT REHABILITATION

The City also plans to rehabilitate a good portion of 250th Street between Pennsylvania Avenue and Eshelman Avenue, and Walnut Street between Pacific Coast Highway and 253rd Place, coupling this work with installation of new water mains on these streets. Pavement rehabilitation includes removal and replacement of damaged pavement areas followed by placement of an asphalt overlay. Additionally, the project includes upgrades to corner wheelchair ramps, replacement of portions of broken sidewalk, curb and gutter, and new striping and markings. This restores the roadway to an almost new condition that will last for many years.



## **Lomita Water System Improvements**

#### WATER MAIN REPLACEMENTS

In FY 17-18, the City plans to replace several aging water mains in various locations throughout the City. Replacement of water mains helps prevent water main breaks, reduces leaks and improves water quality. The City has budgeted to replace the following water mains during the current fiscal year:

- Pacific Coast Hwy. from Narbonne Ave. to Eshelman Ave.
- 253rd Place Area Improvements
- 250th Street from Pennsylvania Ave. to Eshelman Ave.
- Doria Ave. from 250th Street to south end
- Walnut Street from Pacific Coast Hwy. to 253rd Place

#### HARBOR HILLS DIRECT METERING PROJECT

The City is currently in the process of designing a project to add water meters to the Harbor Hills Housing Development to improve direct metering of their water system.

#### CYPRESS WATER PRODUCTION FACILITY UP-GRADES



The City is also continuing its efforts to improve the quality of the drinking water that we provide. Over the past year, the City utilized the services of Hazen and Sawyer to perform water quality analysis work at the Cypress Water Production Facility (CWPF) and throughout the distribution system, and that work has been completed. The scope of work included analysis of the effectiveness of granular activated carbon (GAC) filtration for odor removal at CWPF; and pilot testing of two different types of GAC filtration media. Results of Hazen's work show that GAC would be effective at removing odor due to organics, and that GAC treatment could be added to the CWPF. Staff is now looking into the cost of addition of GAC treatment to the CWPF, and will begin the next steps of planning and designing such a project.



## **City of Lomita Newsletter**



## City Welcomes New Neighborhood PRESERVATION OFFICER, DONTE GREEN

The City of Lomita welcomed Donte Green as its new Neighborhood Preservation Officer in April. Donte comes from the Transportation Security Administration where he enforced Federal regulations for 10 years and received specialized training in Behavior Detection, Vulnerability Assessment, Conflict Management, Investigative Techniques, etc. During his time with TSA, Donte also served as a member of the Crisis Management team tasked with evaluating and redesigning evacuation procedures at LAX.

Donte has a Bachelor's degree in Psychology from Arizona State University, and is currently pursuing a Master's degree in Industrial/Organizational Psychology. In addition, he also has previous experience as a certified

Emergency Medical Technician. He has been a resident of the South Bay area since early childhood, and currently owns properties in both Harbor City and Wilmington.

When he's not out conducting code enforcement, Donte enjoys spending time with his son, Jackson who attends preschool here in Lomita. If you see Donte out in the neighborhood, be sure to give him a warm welcome!



## Serving Torrance and Lomita, Calfornia

Unable to shop for food or prepare meals due to injury, poor health or disability? Meals on Wheels can provide a hot lunch and light supper snack, delivered to your home, Monday – Friday between 11:30 a.m. and 1:00 p.m. for \$7.00 per day. For more information, call 310-542-3434.

Volunteers Needed for Meals on Wheels Delivery!

Five days a week, volunteers deliver meals to house-bound citizens in Torrance and Lomita. Donating 1.5 hours per week of your time can make a difference!

## FOR MORE INFORMATION, Call 310-542-3434 or visit www.TLMOW.ORG.



The City's biannual bulky item collection is scheduled for the first week of October (October 2-6). Items should be placed at curbside no later than 6:00 a.m. on your regularly scheduled collection day. Bulky items include stoves, washers, dryers, and other home appliances, furniture, water heaters and softeners (emptied of water and salt), and other large items that do not fit in the trash barrels. The following items are not accepted: construction waste, green waste, hazardous waste and electronic waste. For more information, please contact CalMet Services at (310) 212-3496.

Note: Bulky item pick-up on your regularly scheduled trash day is free during the first week of October and April of each year. If you require a bulky item pick-up on another day, you are responsible for calling CalMet Services at (310) 212-3496 to schedule a special pick-up.

# ITEM PICK-UP

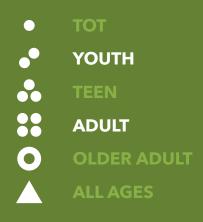
# FIGHT THE BITE! TIPS FOR AVOIDING MOSQUITO BITES

In addition to being irritating, mosquito bites have the potential to spread diseases such as West Nile Virus. The following tips will help you and your family to avoid mosquito bites:

- Avoid being outside during peak mosquito hours (early morning and early evening).
- Apply insect repellent containing DEET.
- Wear long sleeves and pants during peak mosquito biting hours.
- Drain standing water on your property (i.e. buckets, wheelbarrows, trashcans).
- Keep mosquitos outside by ensuring you have properly fitted window and door screens.

Have questions about West Nile Virus or Zika Virus? Please visit the LA County Department of Public Health at http://publichealth.lacounty.gov/ for the latest information.

# Fall Recreational & Leisure Activities



## DANCE/MUSIC FITNESS



## LOMITA PARK YOUTH

YOUTH CO-ED FOOTBALL & VOLLEYBALL SIGN-UPS:

**RESIDENTS:** August 15, 2017 at 9:00a.m. **NON-RESIDENTS:** September 1, 2017 at 9:00a.m.

#### SIGN-UPS FOR ALL OTHER CLASSES WILL BEGIN:

August 15, 2017 at 9:00am

All forms of payment accepted. Checks, Credit, Money orders, and Cash. Cash must be in exact amount. Check & Money orders should be payable to "City of Lomita."



# **FALL REGISTRATION:**





## SIGN UP ONLINE OR DOWNLOAD THE LOMITA PARKS & REC APP

http://www.lomita.com/cityhall 24 hours/7 days a week

## **IN PERSON**

City of Lomita, Parks and Recreation Dept. 24428 Eshelman Avenue Lomita, CA 90717 <u>NEW HOURS : M-F 9:00am-8:00pm,</u> <u>Sa 10:00am-2:00pm</u>

Registrations **are not accepted by mail or phone**.

## **REGISTRATION INFORMATION:**

Proof of residency must be established at the time of registration. Lomita residents must supply one of the following documents:

- California Driver License or Identification Card (state issued)
- Current Utility Bill (less than 60 days old)

## **POLICIES**:

If a class does not have the minimum number of participants registered prior to the start date, the class will be canceled.

#### AVOID DISAPPOINTMENTS REGISTER EARLY!

Participants are responsible for transportation to and from all program sites.

#### **REFUNDS:**

**Refund Policy** 

No refunds will be given unless a Refund Request Form, along with your class registration confirmation, is received five (5) working days prior to first day of activity starting.

Approved requests will receive a credit towards a future class. All approved refunds will incur a 20 % administrative fee. If a class is canceled by the City of Lomita, a refund will be automatically granted. Refunds are for the activity fee only, does not include convenience fee. A Refund Request Form may be picked up at Lomita Park, 9:00 AM to 8:00 PM, Monday through Friday.

## DANCE/MUSIC

#### **CARDIO SALSA DANCE-SESSION I**

Location: Gymnasium at Lomita Recreation Center

Fee: Standard charge: \$26.00

Instructor: Roland Gutierrez

Ages: 18 and up

Senior Cardio Salsa Dance Your Way To A Healthy Heart: Engage in an aerobic workout while learning the lastest Latin Dances of Bachata, Cha Cha Cha, Merengue, Line Dancing and stretching are included and cool down to the great movement of Bachata. Wear comfortable shoes for dancing and bring a bottle water.

9000.51 W 10:00am to 11:15am Sep13-Nov 1

#### **CARDIO SALSA DANCE-SESSION II**

Location: Gymnasium at Lomita Recreation Center

Fee: Standard charge: \$22.00

Instructor: Roland Gutierrez

Ages: 18 and up

Cardio Salsa Dance Your Way To A Healthy Heart: Engage in an aerobic workout while learning the lastest Latin Dances of Bachata, Cha Cha Cha, Merengue, Line Dancing and stretching are included and cool down to the great movement of Bachata. Wear comfortable shoes for dancing and bring bottle water. No Class Dec 13th

9000.52 W 10:00am to 11:15am Nov 8-Dec 20

#### DANCE-BELLY DANCING

Location: Community Building at Lomita

Recreation Center Fee: Resident: \$60.00. Non-resident: \$65.00

Instructor: Regine Costello

Ages: 10 and up

Learn this ancient art, develop a flexible, firm body and have fun. Technique and routines will be taught. Veil and hip scarf are optional. No Class November 22nd. Recital November 29th

#### 9000.09 W 6:30pm to 7:20pm Sep 20-Nov 29

#### DANCE-MEXICAN FOLKLORICO

Location: Community Building at Lomita

Recreation Center

Fee: Resident: \$60.00. Non-resident: \$65.00

Instructor: Regine Costello

Ages: 10 and up

Students will learn existing dances from the different regions of Mexico-Jalisco, Chiapas, Oaxaca, and Veraeruz. Routines will begin the first day of class. No Class November 25th. Recital December 2nd

9000.10 Sa 10:00am to 11:00am Sep 23-Dec 2

#### **DANCE-POLYNESIAN DANCE**

Location: Community Building at Lomita Recreation Center

Fee: Resident: \$60.00. Non-resident: \$65.00

Instructor: Regine Costello

Ages: 9 and up

Students will learn dances from Hawaii and Tahiti. Come join us for a great workout, meet new people, and have a great time! No Class November 25th. Recital December 2nd

#### DANCE-BALLET, TAP, AND TUMBLING

Location: Community Building at Lomita Recreation Center Fee: Resident: \$51.00. Non-resident: \$56.00 Instructor: Regine Costello Ages: 5-9 Students will learn basic technique and combination in this fun-filled class combining, ballet, tap, and tumbling. No Class November 25th. Recital December 2nd

9000.01 Sa 9:00am to 10:00am Sep 23-Dec 2

#### **DANCE-PRE-BALLET 2-4**

Location: Community Building at Lomita Recreation Center Fee: Resident: \$51.00. Non-resident: \$56.00 Instructor: Regine Costello Ages: 2-4 Students will learn the basic steps and elementary techniques of ballet and apply what they've learn to fun creative dances. No Class November 20th

9000.06 M 3:45pm to 4:15pm Sep 18-Nov 27

#### **DANCE-PRE-BALLET 2-4**

Location: Community Building at Lomita Recreation Center Fee: Resident: \$51.00. Non-resident: \$56.00 Instructor: Regine Costello Ages: 2-4 Students will learn the basic steps and elementary techniques of ballet and apply what they've learn to fun creative dances. No Class November 22nd

9000.07 W 3:45pm to 4:15pm Sep 20-Nov 29

#### **DANCE-PRE-BALLET 4-6**

Location: Community Building at Lomita Recreation Center Fee: Resident: \$51.00. Non-resident: \$56.00 Instructor: Regine Costello Ages: 4-6 Students will learn the basic steps and elementary techniques of ballet and apply what they've learn to fun creative dances. No Class November 24th

9000.08 F 3:45pm to 4:15pm Sep 22-Dec 1

#### **DANCE-HIP HOP 4-6**

Location: Community Building at Lomita Recreation Center Fee: Resident: \$51.00. Non-resident: \$56.00 Instructor: Regine Costello Ages: 4-6 This upbeat class is for dancers wanting to explore the dynamic and extremely rhythmic style of hip hop dance. Come dance to today's hottest tunes. The class consists

dynamic and extremely rhythmic style of hip hop dance. Come dance to today's hottest tunes. The class consists of age appropriate movements and music. No Class November 20th.

9000.02 M 4:30pm to 5:00pm Sep 18-Nov 27

#### DANCE-HIP HOP 7-12

Location: Community Building at Lomita Recreation Center Fee: Resident: \$51.00. Non-resident: \$56.00 Instructor: Regine Costello Ages: 7-12 This upbeat class is for dancers wanting to explore the dynamic and extremely rhythmic style of hip hop dance. Come dance to today's hottest tunes. The class consists of age appropriate movements and music. No Class

November 22nd. Recital November 29th

#### **DANCE-MUSICAL THEATRE**

Location: Community Building at Lomita Recreation Center Fee: Resident: \$51.00. Non-resident: \$56.00 Instructor: Regine Costello Ages: 4-7

This fun filled class will teach kids all of the elements they will need for a future in musical theatre. The class will help student develop their skills in acting, dancing, and singing. Everyone will have a great time learning how to perform favorite sense from movies, plays, and TV. This class will encourage students to develop their creativity, as well as boost their self-confidence. No class November 22nd

9000.04 W 4:30pm to 5:15pm Sep 20-Nov 29



#### **AEROBIC FITNESS**

Location: Gymnasium at Lomita Recreation Center Fee: Standard charge: \$39.00

Instructor: Sharmone La Rose

Ages: 18 and up

Move to the music that moved us! Get your weight-bearing exercise in a fun class with music from the 60s-90s. Raise your heart rate with a workout that's good for your brain and body. Finish with stretches and strengthening on the floor. Bring your mats. No class October 30th.

9000.49 M 9:15am to 10:15am Sep 18-Nov 13

#### **GENTLE YOGA**

Location: Community Building at Lomita Recreation Center Fee: Standard charge: \$65.00 Instructor: Sharmone La Rose Ages: 18 and up This Yoga class is designed for the beginner and those who would benefit from a slower pace. Learn basic

who would benefit from a slower pace. Learn basic postures for strength and agility. Gentle stretching exercises are included for building flexibility. Breathing and relaxation techniques help improve focus and concentration. No class Oct 20th, 27th, Nov 21st, 24th.

9000.48 Tu F 10:30am to Noon Sep 12-Dec 8

#### KOREAN KARATE-BEGINNING

Location: Community Building at Lomita Recreation Center Fee: Resident: \$65.00. Non-resident: \$70.00

Instructor: Master Duncan

Ages: 12 and up

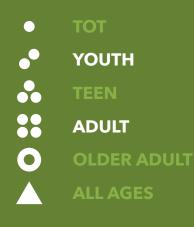
Soo Bahk Do is a Traditional Korean Martial Arts program that focuses on effective self-defense techniques as well as the cultivation of the mind and body. Through training in Soo Bahk Do you will help boost self-confidence, improve fitness, relieve stress and push yourself to new limits. Soo Bahk Do training is great for anyone and works at a level that pushes your limits no matter your physical condition. Classes are available for both beginning and advanced levels. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.05 Tu Th 6pm to 7pm

#### Sep 5-Oct 26

#### CHECK OUT THE UPCOMING EVENTS ON PAGE 14

## Fall Recreational & Leisure Activities



#### **FITNESS**



#### **FITNESS**

#### **KOREAN KARATE-BEGINNING**

Location: Community Building at Lomita Recreation Center Fee: Resident: \$58.00. Non-resident: \$65.00

Fee: Resident: \$58.00. Non-resident: \$65.00 Instructor: Master Duncan

Ages: 12 and up

Soo Bahk Do is a Traditional Korean Martial Arts program that focuses on effective self-defense techniques as well as the cultivation of the mind and body. Through training in Soo Bahk Do you will help boost self-confidence, improve fitness, relieve stress and push yourself to new limits. Soo Bahk Do training is great for anyone and works at a level that pushes your limits no matter your physical condition. Classes are available for both beginning and advanced levels. No Class December 12th & 14th. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.13 Tu Th 6pm to 7pm

9001.06 Tu Th 7pm to 8pm

Nov 2-Dec 21

Sep 5-Oct 26

#### **KOREAN KARATE-ADVANCED**

Location: Community Building at Lomita Recreation Center Fee: Resident: \$65.00. Non-resident: \$70.00 Instructor: Master Duncan

Ages: 12 and up

Soo Bahk Do is a Traditional Korean Martial Arts program that focuses on effective self-defense techniques as well as the cultivation of the mind and body. Through training in Soo Bahk Do you will help boost self-confidence, improve fitness, relieve stress and push yourself to new limits. Soo Bahk Do training is great for anyone and works at a level that pushes your limits no matter your physical condition. Classes are available for both beginning and advanced levels. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

#### KOREAN KARATE-ADVANCED

Location: Community Building at Lomita Recreation Center Fee: Resident: \$58.00. Non-resident: \$65.00 Instructor: Master Duncan

Ages: 12 and up

Soo Bahk Do is a Traditional Korean Martial Arts program that focuses on effective self-defense techniques as well as the cultivation of the mind and body. Through training in Soo Bahk Do you will help boost self-confidence, improve fitness, relieve stress and push yourself to new limits. Soo Bahk Do training is great for anyone and works at a level that pushes your limits no matter your physical condition. Classes are available for both beginning and advanced levels. No Class December 12th & 14th. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.14 Tu Th 7pm to 8pm Nov 2-Dec 21

#### **KOREAN KARATE-BLACK BELT**

Location: Community Building at Lomita Recreation Center Fee: Resident: \$80.00. Non-resident: \$85.00

Instructor: Master Duncan

Ages: 11 and up

Soo Bahk Do is a Traditional Korean Martial Arts program that focuses on effective self-defense techniques as well as the cultivation of the mind and body. Through training in Soo Bahk Do you will help boost self-confidence, improve fitness, relieve stress and push yourself to new limits. Soo Bahk Do training is great for anyone and works at a level that pushes your limits no matter your physical condition. Classes are available for both beginning and advanced levels. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.07 Tu Th F 6:00pm to 7:00pm Sep 1-Oct 27

#### **KOREAN KARATE-BLACK BELT**

Location: Community Building at Lomita Recreation Center Fee: Resident: \$72.00. Non-resident: \$77.00 Instructor: Master Duncan Ages: 11 and up Soo Bahk Do is a Traditional Korean Martial Arts program that focuses on effective self-defense techniques as well as the cultivation of the mind and body. Through training in Soo Bahk Do you will help boost self-confidence, improve

fitness, relieve stress and push yourself to new limits. Soo Bahk Do training is great for anyone and works at a level that pushes your limits no matter your physical condition. Classes are available for both beginning and advanced levels. No Class December 12th, 14th, & 15th. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.15 Tu Th F 7:00pm to 8:00pm Nov 3-Dec 22

#### SENIOR MUSCLE STRENGTHENING

Fee: Standard charge: \$16.00

Instructor: Randy Okuda Ages: 55 and up

Class Come and learn correct, safe techniques for strengthening your upper and lower body using flexible exercise bands. Warm-Up, cool-down and stretching. Participants can purchase required exercise ban at 1st class for \$10.

9000.53	Tu	9:45am to 10:30am	Sep 12-Oct 31
9000.54	Th	9:45am to 10:30am	Sep 14-Nov 2

#### DON'T MISS THE RAILROAD MUSEUM EVENTS FOR 2017 ON PAGE 17

#### SENIOR MUSCLE STRENGTHENING SESSION II

Location: Gymnasium at Lomita Recreation Center Fee: Standard charge: \$8.00. Activity Fee: \$8.00 Instructor: Randy Okuda

#### Ages: 55 and up

Come and learn correct, safe techniques for strengthening your upper and lower body using flexible exercise bands. Warm-Up, cool-down and stretching. Participants can purchase required exercise ban at 1st class for \$10.

9000.41	Tu	9:45am to 10:30am	Nov 14-Dec 5
9000.42	Th	9:45am to 10:30am	Nov 16-Dec 7

#### **SENIOR-CHAIR YOGA**

Location: Gymnasium at Lomita Recreation Center Fee: Resident: \$60.00. Non-resident: \$66.00

Instructor: Eden Serina

Ages: 50 and up

Increase flexibility, improves balance, and strength, through seated and standing yoga poses. No poses lying on the floor, no mats are used, chairs will be provided. Athletic shoes required. Bring a water bottle. No Class November 20th & December 11th.

9000.25 M 10:00am to 10:50am Oct 2-Dec 18

## SENIOR-MOBILITY, MEMORY, & MINDFULNESS

Location: Community Building at Lomita Recreation Center

Fee: Resident: \$70.00. Non-resident: \$77.00

Instructor: Eden Serina

Ages: 50 and up

Each class is designed to provide approximately 20 minutes of mobility exercises, 20 minutes of cognitive and memory challenges, and 20 minutes of mindfulness and relaxation techniques. These three elements are interspersed throughout the class to provide a sound balance of exercise and rest. Each class will begin and end with time dedicated towards a mindfulness practice and ultimate relaxation. No class November 22nd & December 13th.

9000.27 W 10:00am to 11:00am Oct 4-Dec 20

#### **SUNRISE YOGA**

Location: Community Building at Lomita Recreation Center Fee: Resident: \$60.00. Non-resident: \$66.00

Instructor: Eden Serina Ages: 18 and up

This Sunrise Yoga format creates a flow of movement that will strengthen, increase flexibility and improve balance. Yoga mats are required. Bring a water bottle. No class on November 20th & December 11th.

9000.24 M 9:00am to 9:50am Oct 2-Dec 18

#### **SUNRISE YOGA**

Location: Community Building at Lomita

Recreation Center

Fee: Resident: \$60.00. Non-resident: \$66.00

Instructor: Eden Serina

Ages: 18 and up

This Sunrise Yoga format creates a flow of movement that will strengthen, increase flexibility and improve balance. Yoga mats are required. Bring a water bottle. No class on November 22nd & December 13th.

#### SUNSET YOGA

Location: Stephenson Center at Lomita Recreation Center Fee: Resident: \$60.00. Non-resident: \$66.00 Instructor: Eden Serina

Ages: 18 and up

This Sunset Yoga format creates a flow of movement that will strengthen, increase flexibility and improve balance. Yoga mats are required. Bring a water bottle. No class November 22nd & December 13th.

9000.28 W 5pm to 5:50pm Oct 4-Dec 20

#### ZUMBA

Location: Community Building at Lomita Recreation Center Fee: Resident: \$45.00. Non-resident: \$50.50 Instructor: People's Place

Ages: 18 and up

A Latin-inspired dance-fitness class that tones and sculpts the body while having fun as you move! Athletic shoes required. Bring a water bottle.

5:15pm to 6:15pm Sep 11-Oct 30 9000.46 М



**GYMNASTICS 6-9** 

FITNESS

Location: South End Health Club at Lomita Recreation Center Fee: Standard charge: \$99.00 Instructor: Michi Yamato Ages: 6-9

Your child will learn basic gymnastics techniques such as balance, somersault, cart wheel. Hand stands, for hand springs and backbend for backhand springs, This training is good for school activities as well.

9000.44 Th 5:30pm to 6:45pm Sep 7-Nov 16

#### **KOREAN KARATE-LITTLE DRAGONS**

Location: Community Building at Lomita

Recreation Center

Fee: Resident: \$45.00. Non-resident: \$50.00 Instructor: Master Duncan

Ages: At least 5 but less than 11

The Little Dragons class is designed to introduce children to martial arts and the concepts and skills they will need to excel both in Soo Bahk Do and in life. The training, while consisting of basic self-defense techniques, focuses mainly on the coordination, motor skills and character development that a child will need to better themselves as individuals. Help your child develop that "I CAN" attitude by joining the Little Dragons martial arts program. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.01	Tu	5:00pm to 5:45pm	Sep 5-Oct 24
9001.02	Th	5:00pm to 5:45pm	Sep 7-Oct 26

#### **KOREAN KARATE-LITTLE DRAGONS**

Location: Community Building at Lomita

Recreation Center

Fee: Resident: \$40.00. Non-resident: \$45.00

Instructor: Master Duncan

Ages: At least 5 but less than 11

The Little Dragons class is designed to introduce children to martial arts and the concepts and skills they will need to excel both in Soo Bahk Do and in life. The training, while consisting of basic self-defense techniques, focuses mainly on the coordination, motor skills and character development that a child will need to better themselves as individuals. Help your child develop that "I CAN" attitude by joining the Little Dragons martial arts program. No Class December 12th and December 14th. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.09	Tu	5:00pm to 5:45pm	Nov 7-Dec 19
9001.10	Th	5:00pm to 5:45pm	Nov 2-Dec 21

#### **KOREAN KARATE-LITTLE DRAGONS**

#### **TUE/THUR**

Location: Community Building at Lomita Recreation Center Fee: Resident: \$70.00. Non-resident: \$75.00 Instructor: Master Duncan

Ages: At least 5 but less than 11

The Little Dragons class is designed to introduce children to martial arts and the concepts and skills they will need to excel both in Soo Bahk Do and in life. The training, while consisting of basic self-defense techniques, focuses mainly on the coordination, motor skills and character development that a child will need to better themselves as individuals. Help your child develop that "I CAN" attitude by joining the Little Dragons martial arts program. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.03 Tu Th 5:00pm to 5:45pm Sep 5-Oct 26

#### **KOREAN KARATE-LITTLE DRAGONS TUE/THUR**

Location: Community Building at Lomita Recreation Center

Fee: Resident: \$58.00. Non-resident: \$65.00 Instructor: Master Duncan

Ages: At least 5 but less than 11

The Little Dragons class is designed to introduce children to martial arts and the concepts and skills they will need to excel both in Soo Bahk Do and in life. The training, while consisting of basic self-defense techniques, focuses mainly on the coordination, motor skills and character development that a child will need to better themselves as individuals. Help your child develop that "I CAN" attitude by joining the Little Dragons martial arts program. No Class December 12th & 14th Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.11 Tu Th 5:00pm to 5:45pm Nov 2-Dec 21

#### KOREAN KARATE-DRAGONS-FRIDAY

Location: Community Building at Lomita

Recreation Center

Fee: Resident: \$45.00. Non-resident: \$50.00 Instructor: Master Duncan

Ages: 10 and up

The Dragons class is our advance kids program designed for the graduates of our Little Dragons program. In the Dragons program students will learn how to work with others as they apply their techniques and defensive skills. A higher level of control, discipline, focus and teamwork is emphasized in this class which will assist students in their growth and their advancement into the main Soo Bahk Do program. Through this skill development we hope to impart on our students a greater sense of confidence and leadership to assist them in their everyday lives. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

9001.04	F	5pm to 5:45pm	Aug 18-Oct 13

#### **KOREAN KARATE-DRAGONS-FRIDAY**

Location: Community Building at Lomita Recreation Center Fee: Resident: \$40.00. Non-resident: \$45.00

Instructor: Master Duncan

Ages: 10 and up

9001.12

The Dragons class is our advance kids program designed for the graduates of our Little Dragons program. In the Dragons program students will learn how to work with others as they apply their techniques and defensive skills. A higher level of control, discipline, focus and teamwork is emphasized in this class which will assist students in their growth and their advancement into the main Soo Bahk Do program. Through this skill development we hope to impart on our students a greater sense of confidence and leadership to assist them in their everyday lives. No class December 15th. Please contact Master Duncan at (310) 748-8076 for an enrollment slip.

**TGA COMPETITIVE CHEER 7-10** 

Location: Picnic Shelter-West at Lomita Recreation Center Fee: Standard charge: \$125.00 Instructor: TGA Premier Sports

Ages: 7-10

Join our award winning cheer team! Our 10 week program includes stunts, tumbling and choreography, and an end of the season Sharp international Cheerleading Competition. TGA Competitive Cheerleading is open to students of all skills levels and features 15 hours of professional instruction and a pizza party award banquet. Weekly attendance and Saturday, Dec 9th competition is mandatory. \$100.00 uniform fee not included with registrations. Uniform fundraising and financial aid is available. For more info and financial aid applications call (310) 987-1667 or email: kiara@playtga.com Please visit us at: PlayTGA.com/beachcities

9000.23	F	4:30pm to 6:00pm	Sep 22-Dec 8
9000.25	г	4:50pm to 0:00pm	Sep 22-Dec o

#### **TGA COMPETITIVE CHEER 11-15**

Location: Picnic Shelter-West at Lomita Recreation Center Fee: Standard charge: \$125.00

Instructor: TGA Premier Sports

Ages: 11-15

Join our award winning cheer team! Our 10 week program includes stunts, tumbling and choreography, and an end of the season Sharp international Cheerleading Competition. TGA Competitive Cheerleading is open to students of all skills levels and features 15 hours of professional instruction and a pizza party award banquet. Weekly attendance and Saturday, Dec 9th competition is mandatory. \$100.00 uniform fee not included with registrations. Uniform fundraising and financial aid is available. For more info and financial aid applications call (310) 987-1667 or email: kiara@playtga.com Please visit us at: PlayTGA.com/beachcities

9000.22	F	4:30pm to 6:00pm	Sep 22-Dec 8
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#### **TGA FLOOR HOCKEY**

Location: Parking Lot-North at Lomita Recreation Center Fee: Standard charge: \$70.00

Instructor: TGA Premier Sports

Ages: 5-15

TGA Floor Hockey brings TGA's state of the art physical fitness curriculum to your park! Students learn rules of the game, and master motor skills and movement patterns, in a fun and safe environment. Every program culminates with a Game Day for friends and families to attend. Quality, floor hockey equipment is provided. All participants receive a team jersey and advancement award. For more info and financial aid applications call: (310) 347-7342 or email: michelle@playtga.com Please visit us at: PlayTGA.com/beachcities

9000.45	М	4:00pm to 5:00pm	Sep 25-Oct 30

#### **TGA PREMIER JUNIOR GOLF**

Location: Lomita Railroad Museum 2137 West 250th Street, Lomita.

Fee: Resident: \$50.00. Non-resident: \$70.00

Instructor: TGA Premier Sports

Ages: At least 5 but less than 15

TGA Junior Golf brings the golf course to your park! Our national, award winning, five level program focuses on safety and having fun while instilling self-confidence and life values through professional golf instruction. Students learn the fundamentals, etiquette and rules of the game. Quality TGA junior golf clubs are provided. All participants receive a hat and advancement award. For more info call: (310) 347-7342 or email: michelle@playtga.com Please visit us at: PlayTGA.com/beachcities

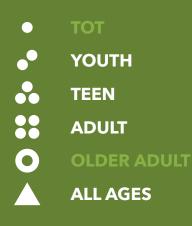
F 5pm to 5:45pm

Nov 3-Dec 22

9000.20 Th 4:30pm to 5:30pm

Sep 28-Nov 2

## Fall Recreational & Leisure Activities



#### **FITNESS**

SPORTS

**TEEN PROGRAM** 

ACTIVITIES

**DOG OBEDIENCE** 

#### 12

### FITNESS

#### **TGA PREMIER YOUTH TENNIS**

Location: Tennis Courts-North at Lomita Recreation Center Fee: Standard charge: \$70.00 Instructor: TGA Premier Sports

Ages: 5-15

TGA Premier Youth Tennis brings the USTA's national tennis program to your park!. Our national, award winning, five level program focuses on safety and having fun while instilling self-confidence and life values through professional tennis instruction. Students learn the fundamentals, etiquette and rules of the game. Quality TGA youth tennis racquets are provided. All participants receive a hat and advancement award. For more info call: (310) 347-7342 or email: michelle@playtga.com Please visit us at: PlayTGA.com/beachcities

9000.21 Tu 4:00pm to 5:00pm Sep 26-Nov 7

#### TINY PROS SOCCER-PARENT & ME CLASS

Location: Softball Diamond-Main at Lomita Recreation Center Fee: Standard charge: \$125.00 Instructor: Tiny Pros Soccer Staff Ages: 2-3.5

Ages: 2-3.5

Parents participate in their child's first important steps in physical fitness such as kicking the ball in a given direction, running and moving the ball with your feet, stopping the ball without using your hands and shooting on goal. These basic elements of soccer that we aim to teach children through various exercises and fun games. We aim to instill our little team with a sense of confidence, coordination, friendship and a love for the game. For more info www.tinypros.com.

#### TINY PROS SOCCER-AGES: 3.5-5

Location: Softball Diamond-Main at Lomita Recreation Center Fee: Standard charge: \$125.00 Instructor: Tiny Pros Soccer Staff Ages: 3.5-5

Look at me now! GOOOOAAAL! We continue to develop technique including dribbling, passing, turning and shooting through FUN games. Not only is every child physically active but they will have a ball exploring how to put these newly acquired techniques into a real game. Teams are kept small to maximize touches on the ball and ensure all the young players are involved. GOAL KICK!!We also introduce basic soccer rules and terms. For more info www.tinypros.com

9000.31 Sa 10am to 10:45am Sep 9-Oct 28

#### **TINY PROS SOCCER-AGES: 5-7**

Location: Softball Diamond-Main at Lomita Recreation Center Fee: Standard charge: \$125.00 Instructor: Tiny Pros Soccer Staff Ages: 5-7

We continue to teach technique and put newly acquired skills into the game situation. Small team scrimmages increase skill acquisition, game understanding and confidence. Come ready to learn and play. See you on the field. For more info:www.tinypros.com.

9000.32 Sa 11:00am to 11:45am Sep 9-Oct 28

#### **SPORTS**

#### FLAG FOOTBALL DIV. 1

Location: Beverly Belba Field at Lomita Recreation Center Fee: Resident: \$45.00. Non-resident: \$60.00 Instructor: Lomita Park Staff Ages: 12-14

Player Evaluations: Saturday September 16th at 10:00a. Players are to be present at 9:45a. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Sunday September 17th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Rubber cleated shoes, athletic pants or shorts. All players will receive a uniform t-shirt.

9000.33

Sep 18-Dec 4

Sep 18-Dec 4

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#### FLAG FOOTBALL DIV. 2

Location: Beverly Belba Field at Lomita Recreation Center Fee: Resident: \$45.00. Non-resident: \$60.00 Instructor: Lomita Park Staff Ages: 9-11

ges: 9-11 Iarran Errahu

Player Evaluations: Thursday September 14th at 6:00p. Players are to be present at 5:45p. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Sunday September 17th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Rubber cleated shoes, athletic pants or shorts. All players will receive a uniform t-shirt.

9000.34

FLAG FOOTBALL DIV. 3

Location: Beverly Belba Field at Lomita Recreation Center Fee: Resident: \$45.00. Non-resident: \$60.00

Instructor: Lomita Park Staff Ages: 6-8

Player Evaluations: Friday September 15th at 6:00pm. Players are to be present at 5:45pm. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Sunday September 17th. Staff will not be prepared

#### FLAG FOOTBALL DIV. 3 (CONT'D)

to answer player and team inquiries prior to this time. Recommended Equipment: Rubber cleated shoes, athletic pants or shorts. All players will receive a uniform t-shirt.

9000.35

Sep 18-Dec 4

#### **VOLLEYBALL GROUP 1**

Location: Gymnasium at Lomita Recreation Center Fee: Resident: \$45.00. Non-resident: \$60.00 Instructor: Lomita Park Staff

Ages: 10-14

9000.36

Player Evaluations: Saturday September 16th at 1:00p. Players are to be present at 12:45p. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Sunday September 17th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Athletic shoes and knee pads. All players will receive a uniform t-shirt.

Sep 18-Dec 4

Sep 18-Dec 4

#### VOLLEYBALL GROUP 2 (6-9)

Location: Gymnasium at Lomita Recreation Center Fee: Resident: \$45.00. Non-resident: \$60.00 Instructor: Lomita Park Staff Ages: 6-9

Player Evaluations: Saturday September 16th at 4:00p. Players are to be present at 3:45p. Players will be notified of practice/game schedule via telephone. Please do not call the park to inquire which team your child is on prior to Sunday September 17th. Staff will not be prepared to answer player and team inquiries prior to this time. Recommended Equipment: Athletic shoes and knee pads. All players will receive a uniform t-shirt.

TEEN PROGRAM

SAVE THE DATE OCTOBER 6TH LOMITA TEEN PROGRAM 2017 ROCKTOBER TRIP TO BOOMERS AMUSEMENT PARK!

#### MORE INFORMATION TO COME! STAY TUNED!

If you have any questions, please e-mail Cece Villa at c.villa@lomitacity.com or call Lomita Park at (310) 326-0410

9000.37

#### **SPORTS**

#### **MEN'S BASKETBALL-MONDAY'S**

Location: Gymnasium at Lomita Recreation Center Fee: Standard charge: \$415.50

Ages: 18 and up

This league will run on Monday nights for the duration of 3 months, including playoffs. \$30.00 per game for official fee. Only team registrations will be accepted at Lomita Parks and Recreation center.

9000.38 Μ 7:30pm to 10:30pm Sep 11-Nov 27

#### **MEN'S BASKETBALL-WEDNESDAY'S**

Location: Gymnasium at Lomita Recreation Center

Fee: Standard charge: \$415.50

Ages: 18 and up

This league will run on Wednesday nights for the duration of 3 months, including playoffs. \$30.00 per game for official fee. Only team registrations will be accepted at Lomita Parks and Recreation center.

9000.39 w 7:30pm to 10:30pm Sep 13-Nov 29

#### **MEN'S BASKETBALL-THURSDAY'S**

Location: Gymnasium at Lomita Recreation Center Fee: Standard charge: \$415.50

Ages: 18 and up

This league will run on Thursday for the duration of 3 months, including playoffs. \$30.00 per game for official fee. Only team registrations will be accepted at Lomita Parks and Recreation center.

9000.40 7:30pm to 10:30pm Sep 14-Nov 30 Th

#### ACTIVITIES

#### BADMINTON

Location: Gymnasium at Lomita Recreation Center

Fee: Standard charge: \$15.00 Tue, October 31-Thu, December 21

October 31st-December 21st Tuesday 10:30am-1:30pm; Thursday 10:30am-1:30pm No Class December 12th and 14th.

9000.73 Tu/Th 10:30am to 1:30pm Oct 31-Dec 21

#### LOMITA "GOOD TIMERS" SENIOR

#### **CITIZEN CLUB**

Location: Community Building at Lomita Recreation Center

Open to ALL Lomita and nearby City residents! Drop in any Thursday to join the fun. Every Thursday's 11:30am-3:30pm. For Bingo, Raffles, and other fun activities. Questions please call Vicki (310) 890-1831.

## **DOG OBEDIENCE**

#### **PUPPY MANNERS & DEVELOPMENT**

Location: Outside Basketball Court-North at Lomita Recreation Center Fee: Standard charge: \$85.00

Instructor: Ethel Mercer

Ages: 6 months and under at the start of class

This class is designed to give you and your puppy a great start in the world by working on confidence building, manners and socialization. At the start of the session puppies should be between the ages of 9 weeks to 6 months

#### PUPPY MANNERS & DEVELOPMENT (CONT'D)

for most breeds. Exceptions may be made for older puppies smaller than 10 pounds or tiny adult dogs. Younger puppies need only their first set of up to date shots. Owners are to provide proof of shots at initial class meeting. Questions, please call Ethel Mercer (310) 326-3266.

9000.11	W	6:30pm to 7:30pm	Sep 6-Oct 11
9000.86	W	6:30pm to 7:30pm	Nov 8-Dec13

#### **BEGINNING MORNINGS** (DOGS 5 MONTHS & UP)

Location: Parking Lot-North at Lomita Recreation Center Fee: Standard charge: \$85.00

Instructor: Ethel Mercer

Ages: 5mos-up

This class is designed to help you teach your dog the behaviors, skills and manners they need to become a good companion. You will learn and practice training techniques based on positive reinforcement, including marking desired behavior, verbal praise and treats. Owners must provide proof of shots at initial class meeting. Question, please call Ethel Mercer (310) 326-3266.

9000.13	W	10:15am to 11:15am	Sep 6-Oct 11
9000.88	W	10:15am to 11:15am	Nov 8-Dec 13

#### **BEGINNING EVENING** (DOGS 5 MONTHS & UP)

Location: Outside Basketball Court-North at Lomita Recreation Center Fee: Standard charge: \$85.00 Instructors: Michele & Jack Ages: 5mos-up

This class is designed to help you teach your dog the behaviors, skills and manners they need to become a good companion. You will learn and practice training techniques based on positive reinforcement, including marking desired behavior, verbal praise and treats. Owners must provide proof of shots at initial class meeting. Question, please call Michele & Jack (310) 377-2729.

9000.12	Tu	7pm to 8pm	Sep 5-Oct 10
9000.87	Tu	7pm to 8pm	Nov 7-Dec 12

#### INTERMEDIATE MORNING

Location: Parking Lot-North at Lomita Recreation Center Fee: Standard charge: \$85.00 Instructor: Jack Thourot

Ages: 5mos-up

This class is designed to help advance your training skills and take your dog's accomplishments to a higher level. This is a perfect prep class for taking AKC canine Good Citizen test. It's also a great foundation class for those considering other competitive dog sports. Your dogs need to have completed the beginning obedience training class or you will have to make prior agreements with the instructor. Owners are to provide proof of shots at initial class meeting. Questions please call Jack Thourot (310) 377-2729.

9000.15	W	9am to 10am	Sep 6-Oct 11
9000.90	W	9am to 10am	Nov 8-Dec 13

#### INTERMEDIATE EVENING

Location: Parking Lot-North at Lomita Recreation Center Fee: Standard charge: \$85.00

Instructor: Ethel Mercer

Ages: 5mos-up

This class is designed to help advance your training skills and take your dog's accomplishments to a higher level. This is a perfect prep class for taking AKC canine Good Citizen test. It's also a great foundation class for those considering other competitive dog sports. Your dogs need to have completed the beginning obedience training class or you will have to make prior agreements with the instructor. Owners are to provide proof of shots at initial class meeting. Questions please call Ethel Mercer (310) 326-3266.

9000.14	Tu	7pm to 8pm
9000.89	Tu	7pm to 8pm

Sep 5-Oct 10 Nov 7-Dec 12

#### **ADVANCE MORNING**

Location: Parking Lot-North at Lomita Recreation Center Fee: Standard charge: \$85.00 Instructor: Jack Thourot

Ages: 5mos-up

This class is geared for people/dogs who already possess a solid obedience foundation and who have successfully mastered the skills taught in our Intermediate class or a similar class. The focus is on developing skills needed for advanced obedience work, including competition, heeling, fronts and finishes, recall, stand, group exercises, and additional skills depending on class need and interest. Owners must provide proof of shots at initial class meeting. Instructors: Jack Thourot (310) 377-2729.

9000.18	W	7:45am to 8:45am	Sep 6-Oct 11
9000.93	W	7:45am to 8:45am	Nov 8-Dec 13

#### ADVANCED EVENING

Location: Parking Lot-North at Lomita Recreation Center Fee: Standard charge: \$85.00

Instructor: Pam Regan

Ages: 5mos-up

This class is geared for people/dogs who already possess a solid obedience foundation and who have successfully mastered the skills taught in our Intermediate class or a similar class. The focus is on developing skills needed for advanced obedience work, including competition, heeling, fronts and finishes, recall, stand, group exercises, and additional skills depending on class need and interest. Owners must provide proof of shots at initial class meeting Instructor: Pam Regan 310.374.3573

9000.16	W	6:30pm to 7:30pm	Sep 6-Oct 11
9000.91	W	6:30pm to 7:30pm	Nov 8-Dec 13
9000.17	W	7:30pm to 8:30pm	Sep 6-Oct 11
9000.92	W	7:30pm to 8:30pm	Nov 8-Dec 13

#### DOG OBEDIENCE-DOG TRICKS

Location: Parking Lot-North at Lomita Recreation Center Fee: Standard charge: \$85.00 Instructor: Ethel Mercer

Ages: Any

This class, taught by our certified Trick Dog instructor, will introduce you and your dog to more than 30 tricks. Questions, please call Ethel Mercer at (310) 326-3266.

9000.19	Tu	5:45pm to 6:45pm	Sep 12-Oct 3
9000.94	Tu	5:45pm to 6:45pm	Nov 14-Dec 5



## **City of Lomita Newsletter**

# VETERAN'S DAY November 11th

Veteran's Day Event 11:00am Location: Veteran's Park Southwest corner of 257th Street & Walnut Avenue



Halloween at Lomita Park







October 31st

6:00pm - 8:00pm

Carnival Games & Costume Contest for ages

2-under - 15 years

Lomita Park

24428 Eshelman Ave



The City of Lomita Cordially Invites You to OurAnnual Holiday Tree Lighting Ceremony

December 1, 2017 At 5:30pm City Hall Front Lawn 24300 Narbonne Ave

Come helps us kick off the holiday season with musical performances and a visit from Santa.

Questions please call (310) 326-0140 or visit us online at www.lomita.com/cityhall

#### POINDED 1907 POIND

# CITY OF LOMITA 2017 STATE OF THE CITY LUNCHEON

NOVEMBER 16, 2017 • 12:00 pm – 2:00 pm Location: Lomita Park Tom Rico Center • 24428 Eshelman Ave, Lomita

PLEASE RSVP by November 1st to City Hall by phone at (310) 325-7110 or in person at 24300 Narbonne Ave. • Lomita, CA (Monday-Thursday 7:30 am-5:30 pm & alternating Fridays 8 am-5 pm)

## **COST:** \$15.00

http://www.lomita.com/cityhall





#### LOMITA SISTER CITY ASSOCIATION NEWS

This summer has been busy for the Lomita Sister City Association. The Association welcomed eight students and one adult chaperone from Takaishi, Japan. The students lived with local families and had a great time taking part in various activities, learning not only about U.S. culture but the culture of their host families. Their two week stay was both a whirlwind of activities and a time of building lifelong friendships. As always, both our friends from Takaishi and our local families had a great experience that will stay with them for a lifetime.

With the visitors back home in Japan, it is now time for the Association to begin planning and fundraising to send our local students to Takaishi, Japan in the summer of 2018. The Association will begin accepting applications for the Summer 2018 Student Exchange (typically late July-early August) in October/November 2018. This is a great learning and growth opportunity for students ages 15 - 22 who reside or attend school in the Lomita area. Students who are interested in travelling to Takaishi as a student ambassador can visit the Association website (http://lomitasistercity.webs.com/) for the application. Space is limited. For more information, email: lomita.sistercity@gmail.com.

The Lomita Sister City Association is always looking for new members. There are several membership levels of support: (1) Family, (2) Individual, (3) Commercial / Professional, (4) Organization, (5) Patron, and (6) Lifetime. Memberships range from \$20 to \$2500. Contact: Lomita.sistercity@gmail.com for more information.



## **NOW AVAILABLE!**

The New City of Lomita Parks and Recreation App!

## What can you do with it you ask?

You will be able to...

- View upcoming special events
- See youth sports information
- Register for classes
- Get directions
- Call us

## Now what?

Hurry and download the new Parks and Recreation App! From the app store on your phone the name of the app is called "Lomita Parks and Recreation."

Scan the appropriate QR Code below for your phone.



Apple App Store



Android App Store



# Lomita Railroad Museum 2017 EVENTS



Wine Fest at Kiwanis Hall

Includes wine, appetizers & entertainment 24822 Narbonne Ave, Lomita

September 30 5:00-8:00 • \$20/person

Halloween at the Museum

Lomita Railroad Museum 2137 250th St, Lomita

October 29 12:00-4:00

Polar Express at the Museum

Includes admission, see Santa, crafts, snacks, Polar Express reading.

December 10 12:00-4:00 \$15/family (up to 6)





## FALL PROGRAMS AT LOMITA PARK!

#### Golf, Floor Hockey, & Tennis Enrichment Programs

- Open to students ages 5-15
- All skill levels welcome
- Quality TGA equipment provided
- Professional sports instruction
- Financial aid available
- End of season game day or tournament

#### **6 Week Enrichment Programs**

Golf: Thurs | 9/28 - 11/2 | 4:30pm - 5:30pm Floor Hockey: Mon | 9/25 - 10/30 | 4pm - 5pm Tennis: Tues | 9/26 - 11/7 | 4pm - 5pm Cost: \$70 per sport





FLOOR HOCKEY



TENNIS

#### Competitive Cheerleading Program

Sports Change Lives

Professional stunts, tumbling, & choreography End of season competition & pizza party Uniform fundraising & financial aid available Open to students ages 7-15 of all skill levels Join our award-winning cheerleading team

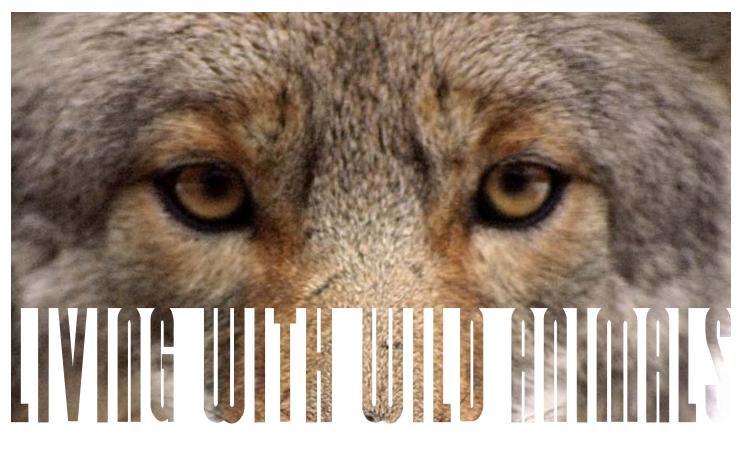
**10 Week Cheerleading Program** Date: Fridays | 9/22 - 12/8 Time: 4:30pm - 6:00pm | Cost: \$125



Sharp International Cheer Competition December 9, 2017

SHATP

## Register at Lomita Park or Online: Lomita.com/cityhall



# HELPFUL TIPS

As there are fewer and fewer undeveloped areas for them to live, wild animals such as coyotes and raccoons have been sighted more frequently in Lomita and other urban areas within Los Angeles County. Coyotes and raccoons are attracted to urban/suburban areas by the easy accessibility of food, water and shelter. Reducing or eliminating the availability of these elements will often encourage these animals to leave.

- Put garbage in tightly closed containers that cannot be tipped over.
- Remove sources of water, especially in dry climates.
- Bring pets in at night, and do not leave pet food outside.
- Put away bird feeders at night to avoid attracting rodents and other coyote prey.
- Frequently harvest gardens, pick up fallen fruit and cover compost piles.
- Never feed or attempt to tame coyotes. The result may be deadly conflicts with pets or livestock, or serious injuries to small children.
- Do not leave small children or pets outside unattended.
- Install motion-sensitive lighting around the house.
- Trim ground-level shrubbery to reduce hiding places.
- Identify points of entry (e.g. broken vents, burrows, dog doors), and then remove or close off.

#### For more information, please visit the website of Los Angeles County Animal Care and Control at:

http://animalcare.lacounty.gov/wps/portal/acc/laws/wildlife/





#### CURRENT RESIDENT

## City Hall and Community Contacts

Lomita City Hall 325-7110

> Library 539-4515

Lomita Sheriff Station 539-1661

> Lomita Park 326-0140

Railroad Museum 326-6255

Public Works Water, Street, & Trees 325-7110 ext. 155

Water Emergencies 597-6428

Street & Tree Emergencies 597-6429

> Emergency Park Maintenance 597-6430

Animal Control 523-9566

Rubbish Collection (CalMet) 212-3496

**Graffiti** 325-3694

**Emergency Numbers Dial 911** Sheriff, Fire, Paramedics,

Ambulance

Sheriff Complaints 800-698-8255

Lomita Post Office 310-326-8280

For more information, please view our webpage at www.lomita.com/cityhall

# COMING THIS FALL! Movies Under the Stars



September 16, 2017 Moana

M@ANA

Movies will be held outside on the front lawn of city hall. Movies start at 8:30pm

Location: City Hall Front Lawn 24300 Narbonne Avenue, Lomita 90717 For questions please call (310) 326-0140